INDEPENDENT AUDITORS' REPORT

To the Board of Trustees
Guardians of the Sick, Inc.

We have audited the accompanying balance sheet of Guardians of the Sick, Inc. (a nonprofit organization) as of December 31, 2002, and the related statements of activity and cash flows for the year then ended. These financial statements are the responsibility of the Organization's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Guardians of the Sick, Inc. as of December 31, 2002, and the results of its operations and cash flows for the year then ended in conformity with generally accepted accounting principles.

Weiss & Company

New York, New York
May 28, 2003
GUARDIANS OF THE SICK, INC.

STATEMENT OF ACTIVITY

YEAR ENDED DECEMBER 31, 2002

<table>
<thead>
<tr>
<th></th>
<th>Operating Fund</th>
<th>Building Fund</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Support and revenue</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government grants</td>
<td>$1,300,255</td>
<td>$100,000</td>
<td>$1,400,255</td>
</tr>
<tr>
<td>Contributions and gifts</td>
<td>1,102,837</td>
<td>35,748</td>
<td>1,138,585</td>
</tr>
<tr>
<td>Holocaust program for the elderly</td>
<td>781,470</td>
<td>-</td>
<td>781,470</td>
</tr>
<tr>
<td>Dues and memberships</td>
<td>28,682</td>
<td>-</td>
<td>28,682</td>
</tr>
<tr>
<td>Interest income</td>
<td>1,930</td>
<td>-</td>
<td>1,930</td>
</tr>
<tr>
<td><strong>Total support and revenue</strong></td>
<td><strong>3,215,174</strong></td>
<td><strong>135,748</strong></td>
<td><strong>3,350,922</strong></td>
</tr>
</tbody>
</table>

| **Expenses**            |                |               |             |
| Payroll                 | 892,801        | -             | 892,801     |
| Grants                  | 643,161        | -             | 643,161     |
| Youth-at-risk programs  | 642,582        | -             | 642,582     |
| Fund-raising            | 178,544        | -             | 178,544     |
| Blood drive             | 147,550        | -             | 147,550     |
| Employee benefits       | 136,396        | -             | 136,396     |
| Payroll taxes           | 78,410         | -             | 78,410      |
| Parsonage               | 76,217         | -             | 76,217      |
| Family Crisis Intervention Program | 60,631 | - | 60,631 |
| Depreciation            | 6,164          | 29,931        | 36,095      |
| Interest expense        | -              | 31,246        | 31,246      |
| Office                  | 25,470         | -             | 25,470      |
| Volunteer expenses      | 23,837         | -             | 23,837      |
| Insurance               | 21,227         | -             | 21,227      |
| Telephone and facsimile | 14,246         | -             | 14,246      |
| Cleaning and maintenance| 12,823         | -             | 12,823      |
| Printing and publications| 9,764          | -             | 9,764       |
| Utilities               | 7,760          | -             | 7,760       |
| Supplies                | 7,661          | -             | 7,661       |
| Blood Bank costs        | 6,698          | -             | 6,698       |
| Consulting              | 6,500          | -             | 6,500       |
| Travel                  | 4,882          | -             | 4,882       |
| Health and Safety Project| 3,110          | -             | 3,110       |
| Bank charges and sundry | 2,956          | -             | 2,956       |
| Gifts and flowers       | 1,601          | -             | 1,601       |
| Advertising             | 1,253          | -             | 1,253       |
| **Total expenses**      | **3,012,244**  | **61,177**    | **3,073,421** |
| **Increase in fund balances** | **$202,930** | **$74,571** | **$277,501** |

See accountants' audit report and notes.
GUARDIANS OF THE SICK, INC.

STATEMENT OF CASH FLOWS

YEAR ENDED DECEMBER 31, 2002

Operating activities
Increase in fund balances $277,501
  Adjustments to reconcile increase in fund balances to net cash provided by operating activities
    Depreciation 36,095
    Changes in operating assets and liabilities
      Grants receivable
        Government (227,726)
        Other (63,208)
      Pledges receivable
        Accounts payable and accrued expenses 66,694

  Net cash provided by operating activities 3,233

Investing activities
  Acquisition of fixed assets (1,487)

  Net cash used in investing activities (1,487)

Financing activities
  Repayments of mortgage payable (104,754)
  Repayments of loans payable (29,070)

  Net cash used in financing activities (133,824)

Net decrease in cash (132,078)

Cash, beginning of year 186,840

Cash, end of year $54,762

See accountants' audit report and notes.
GUARDIANS OF THE SICK, INC.

NOTES TO FINANCIAL STATEMENTS

Note 1 - Organization

The Organization is a not-for-profit corporation that assists the sick and needy with financial and emotional assistance through the providing of medical referral services, loans of medical equipment, blood donation drives and various other medical-related services.

Note 2 - Significant accounting policies

Fixed assets

Fixed assets are carried at cost. The Organization uses the straight line method for depreciating newly acquired fixed assets. Building and improvements are depreciated over a thirty-nine year period. Furniture and equipment is depreciated over a five-year period.

Expenditures for maintenance and repairs are charged to operations, and expenditures for additions, major renewals and betterments are capitalized.

Unrestricted fund balance

There are no donor restrictions on assets.

Note 3 - Government grants receivable

Grants receivable represents funding due as of December 31, 2002. As of the date of this report, all amounts due have been received.

Note 4 - Fixed assets

Consists of the following:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building</td>
<td>$1,222,846</td>
</tr>
<tr>
<td>Furniture and equipment</td>
<td>$44,432</td>
</tr>
<tr>
<td>Improvements</td>
<td>$43,942</td>
</tr>
<tr>
<td></td>
<td>$1,311,220</td>
</tr>
<tr>
<td>Less: accumulated depreciation</td>
<td>$(174,556)</td>
</tr>
<tr>
<td></td>
<td>$1,136,664</td>
</tr>
</tbody>
</table>
GUARDIANS OF THE SICK, INC.

NOTES TO FINANCIAL STATEMENTS

Note 5 - Mortgage payable

This is a mortgage note securing the Organization's premises and is guaranteed by some of the directors of the Organization. The mortgage requires monthly payments of $3,000 (including principal and interest at 8% per annum), and a balloon payment at maturity in September 2007. The mortgage has an option to be extended for an additional five years at a rate equal to the Federal Home Loan Bank of New York's five-year lending rate at that time, but not less than the current rate.

Note 6 - Loans payable

Consists of non-interest bearing demand loans from unrelated third parties.

Note 7 - Government grants

The following government income was received by the Organization during the year ended December 31, 2002:

<table>
<thead>
<tr>
<th>Grant Income</th>
<th>Receivable at year end</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYS Office of Children and Family Services</td>
<td>$541,000</td>
</tr>
<tr>
<td>NYC Dept. of Youth and Community Development</td>
<td>429,380</td>
</tr>
<tr>
<td>NYS Office of Mental Health</td>
<td>250,000</td>
</tr>
<tr>
<td>Capital Improvement Grant</td>
<td>100,000</td>
</tr>
<tr>
<td>NYC Department for the Aging</td>
<td>79,875</td>
</tr>
<tr>
<td>Total</td>
<td>$1,400,255</td>
</tr>
</tbody>
</table>
Ezer L'cholim Project for Holocaust Survivors

Quarterly Report
July – September 2003

Sponsored by the Conference on Jewish Material Claims Against Germany, Inc.

Over Fifty Years of Humanitarian Service
To the Sick and Needy
Table of Contents

I. Introduction and Activity Summary

II. Emergency Cash Allocation Program

III. Socialization Programs

IV. Volunteer Services

V. Supportive Counseling Program

VI. Educational Programming

VII. Summary and Conclusions

VIII. Quarterly Financial Report

  07/01/03 – 09/30/03

IX. Letters, Advertisements, and Publications
Introduction and Activity Summary
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Introduction and Activity Summary

During the third quarter of 2003, the Ezer L’Cholim Project has continued to maintain and extend its services to Holocaust survivors, with special attention to several key areas:

- Implementing a program for local distribution of funds under the Austrian Holocaust Survivor Emergency Assistance Program;
- Designing a new program, the “Special Care Initiative,” funded through the ICHEIC grant, and securing Claims Conference approval so that the program will be ready for implementation in the fall quarter; and
- Establishing a successful approach to our monthly social gatherings, in partnership with a local facility of the Metropolitan Jewish Health System;
- Initiating the “Afternoon Chevra,” a weekly socialization group for men based on the “Warm Home” model.

These new developments took place while Ezer L’Cholim’s primary programmatic components maintained stability and continuity of operation. Our ongoing efforts, and our exciting new developments, will be outlined in detail in the following sections of this report:

   Emergency Cash Allocation Programs

   Socialization Programs

   Volunteer Services

   Supportive Counseling Program

   Educational Programs
# EZER L'CHOLIM HOLOCAUST SUPPORT NETWORK

## ACTIVITY SUMMARY

### July - Sept 2003

<table>
<thead>
<tr>
<th></th>
<th>New Cases Opened</th>
<th>Active Caseload</th>
<th>Friendly Visits</th>
<th>Telephone Calls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bikur Cholim of Boro Park</td>
<td>61</td>
<td>361</td>
<td>508</td>
<td>1,987</td>
</tr>
<tr>
<td>COJO of Flatbush <em>and</em> Nefesh Chaya Bikur Cholim of Flatbush</td>
<td>38</td>
<td>301</td>
<td>351</td>
<td>940</td>
</tr>
<tr>
<td>Pesha Elias Bikur Cholim 'Bobov</td>
<td>0</td>
<td>12</td>
<td>108</td>
<td>102</td>
</tr>
<tr>
<td>Rena V'Yeshua Bikur Cholim of Staten Island</td>
<td>2</td>
<td>30</td>
<td>381</td>
<td>460</td>
</tr>
<tr>
<td>N'Shei Ahavas Chesed</td>
<td>0</td>
<td>13</td>
<td>99</td>
<td>319</td>
</tr>
<tr>
<td><strong>TOTALS</strong></td>
<td>101</td>
<td>754</td>
<td>1,447</td>
<td>3,808</td>
</tr>
</tbody>
</table>
Emergency Cash Allocation Program
November 12, 2003

SWISS BANK SETTLEMENT/LOOTED ASSETS CLASS

HOLOCAUST SURVIVOR EMERGENCY ASSISTANCE PROGRAM
QUARTERLY SUMMARY OF CASH GRANTS

PERIOD: July 1, 2003 To: Sept 30, 2003

AGENCY NAME: Ezer L’Cholim Project

CONTACT PERSON: Dr. Susan Jackson

PHONE: (718) 438-2020

FAX: (718) 438-5259

EMAIL: info@bikurcholimbp.com

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Number of Grants- Current</th>
<th>Total Amount of Grants -Current</th>
<th>Year to Date: Number of Grants</th>
<th>Year to Date: Amount of Grants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing &amp; Related Costs (Rent, Utilities, Repairs)</td>
<td>27</td>
<td>$6,340</td>
<td>27</td>
<td>$6,340</td>
</tr>
<tr>
<td>Dental</td>
<td>15</td>
<td>$8,518</td>
<td>16</td>
<td>$8,881</td>
</tr>
<tr>
<td>Food</td>
<td>7</td>
<td>$1,100</td>
<td>7</td>
<td>$1,100</td>
</tr>
<tr>
<td>Medical</td>
<td>41</td>
<td>$9,191</td>
<td>42</td>
<td>$9,341</td>
</tr>
<tr>
<td>Housekeeping/ Homecare</td>
<td>98</td>
<td>$27,568</td>
<td>101</td>
<td>$28,380</td>
</tr>
<tr>
<td>Transportation</td>
<td>2</td>
<td>$250</td>
<td>2</td>
<td>$250</td>
</tr>
<tr>
<td>Other</td>
<td>2</td>
<td>$210</td>
<td>2</td>
<td>$210</td>
</tr>
<tr>
<td><strong>Totals:</strong></td>
<td><strong>192</strong></td>
<td><strong>$53,177</strong></td>
<td><strong>197</strong></td>
<td><strong>$54,502</strong></td>
</tr>
</tbody>
</table>
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Emergency Cash Allocation Programs

In the summer quarter, Ezer L’Cholim began disbursing funds from several different sources, in response to requests for assistance from elderly Holocaust survivors in need. In addition to the ongoing emergency assistance program supported by general funds and by the Swiss Banks Settlement funds, we initiated efforts to collaborate with Self Help Community Services to award emergency assistance to eligible survivors under the AHSEAP program, established by the Austrian government and Bank Austria. Moreover, we began disbursing funds, on a limited basis, under the ICHEIC grant received earlier in the year.

Activities relating to each of these assistance programs will be detailed below.

General Fund

Swiss Bank Settlement Funds

During the spring quarter, Ezer L’Cholim finished allocating the remaining dollars available to us from Grant 23-23-1578-8, the “general” (undesignated) funds provided to assist needy survivors. As of June 2003, the $100,000 available under this grant had been fully expended.

Since that time, we have continued allocating monies for financial relief, using funds derived from the Swiss Banks settlement (Grants SW3-1578-10 and SW4-1578-11). All of the individual grants paid to survivors during the summer quarter were funded from the Swiss Banks settlement source, with a transition from SW3 to SW4 in September.

A total of 192 grants, amounting to $53,177, were disbursed over the three-month period in the summer quarter. Slightly over half of this amount was dedicated to home care ($28,568), with the next greatest expenditure allotted to medical/dental care ($17,709).

By the end of the summer quarter, a year-to-date total of $54,502 in grants had been disbursed from Swiss sources. We expect that the balance of $43,880 will be distributed by the middle of the fall quarter. At that point,
we plan to begin using funds from the WJRO grant (Grant SF1-1578-13), to address survivors’ emergency financial needs.

**Austrian Holocaust Survivor Emergency Assistance Program**

In July 2003, we received notification about the new AHSEAP program, including Ezer L’Cholim’s role in assisting with the administration of these funds. Since that time, we have worked closely with Self Help Community Services, to ensure that appropriate payments are made under this program to all survivors meeting the eligibility criteria.

A new member of our staff, Mr. Moshe Becker, whose tenure as an Ezer L’Cholim caseworker began during the summer quarter, has functioned as our central contact person for all aspects of the AHSEAP system. Mr. Becker responded to inquiries from the many survivors who contacted our program in response to letters they received from the Claims Conference (“Mauerbach recipients” letter), regarding the Austrian settlement. He also actively searched Ezer L’Cholim’s entire client files, identifying existing clients whose history and circumstances appeared close to those specified for this program and taking the initiative to contact them.

By the end of the summer quarter, home visits had been completed with each survivor whose situation sufficed under an initial eligibility screening. In many cases, two home visits proved necessary -- the first visit to describe the program and begin completing the intake form, and a second visit to obtain additional information and documentation unavailable at the first contact. Mr. Becker prepared a one-page handout describing the program, to be used in our outreach to prospective clients and referral sources. (See attachment.)

During the summer quarter, a total of 16 survivors were found to be qualified under the terms of this program, with an additional 5 cases pending. In August and September, we succeeded in paying out $4,055 in grants from the Austrian Government funds, and $611 in grants from the Bank Funds. Thus, a total of $4,666 was disbursed to survivors, in association with the Austrian Holocaust Survivor Emergency Assistance Program, during the summer quarter.
ICHEIC Funds:  
"Special Care Initiative"

In the summer quarter, Ezer L’Cholim developed and submitted a proposal for our use of funds granted by the International Commission on Holocaust Era Insurance Claims (ICHEIC), in the amount of $279,600. (These funds are identified as Grant IC11-1578-12.) Our proposal for the "Special Care Initiative" was approved in early September.

The "Special Care Initiative" will serve survivors who, in addition to meeting the eligibility guidelines for the Holocaust Survivor Emergency Assistance Program, are assessed as being in a situation of complex medical need. We plan to give special priority to those who live alone, or with a disabled family member, and are without substantial assistance from other family members. Our aim will be to render intensive services, as appropriate to each situation, over and above the assistance offered through other components of our Emergency Cash Allocation Program.

Although the "Special Care Initiative" will not begin full operation until the fall quarter, we were able to identify at least two Holocaust survivor situations that qualified for assistance under the terms this program. During the latter portion of the summer quarter, we began disbursing funds for home care and medical needs associated with those individual survivors' needs.

In the fall quarter, we plan to complete the process of hiring a caseworker and a social worker, so that full implementation of the "Special Care Initiative" will be well underway by the end of this calendar year.
Socialization Programs
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Socialization Programs

Our socialization programs reflect a continuum from larger-scale social gatherings, to specialized settings such as the “Shemesh” program, to virtual encounters for the homebound through telecommunication technology. This quarter, we also added a new format, with the opening of a men’s socialization group offered in a modified “Warm Home” format.

*Social Gatherings.* During the summer quarter, we consolidated our relationship with Metropolitan Jewish Geriatric Center, whose administration extended us the opportunity to host social gatherings in a self-contained, graciously-appointed venue that has received enthusiastic responses from our survivor clients. Thanks to generous contributions on the part of MJGC (a component of Metropolitan Jewish Health System), participants in Ezer L’Cholim social gatherings are greeted at the door by a team of staff and volunteers, escorted to cafe-style tables in an airy, cheerful solarium, served a full three-course luncheon, provided with an uplifting *dvar Torah* by Rabbi David Grossman, and offered an informative talk on a health-related topic.

At the August gathering, we had a spontaneous (and very well-received) talk by a survivor who is a member of Ezer L’Cholim’s board, and another participant, an accomplished pianist, offered a musical interlude. In addition, Nechama Wise, who coordinates the social gatherings, introduced the “Sunshine Club,” an opportunity for those interested to sign up for volunteer work with Bikur Cholim and/or other community organizations. (This initiative is described later, in the section on Ezer L’Cholim’s volunteer program.)

We have offered social gatherings on a monthly basis, alternating between two client groups: those served primarily by staff from Bikur Cholim of Boro Park, and those served primarily by staff from the other agencies participating in the Ezer L’Cholim Project. Despite the logistical complications that come with dividing the client population into two groups, we are convinced that this approach is the correct way for us to deal with the increasing of our participant numbers. Attendance has skyrocketed, as participants spread the word among their friends. We estimate that over 100 attended the September gathering, for instance.
We are learning to expect that there will be walk-ins at each gathering, in addition to survivors who had been invited and provided with transportation. We will be continuing to adapt our approach to the social gatherings so that we have the highest potential for responding to our clients' enthusiasm for such events.

"Shemesh" Program. The "Shemesh" program, offered in collaboration with the adult day health program of Metropolitan Jewish Health System, continued to offer its unique blend of opportunities for socialization and medical management during the summer quarter. The women's program continued to operate on a twice-weekly basis, with a daily schedule combining social activities, therapeutic recreation, health/therapeutic services, and special programming designed in response to participants' requests.

This quarter, we worked with Metropolitan Jewish Health System to prepare a display ad for use in Jewish community newspapers, presenting the "Shemesh" program to the wider community so as to increase enrollment. A copy of the display ad is included as an attachment to this report. We plan to run it in several newspapers, early in the fall quarter.

University Without Walls. Ezer L'Cholim continued, in collaboration with DOROT, to arrange for culturally appropriate programming for survivors from the Boro Park community, in a series of in-home telephone courses offered through the "University Without Walls" program.

This quarter, we sponsored a course entitled "The Road From Destruction to Consolation," offered in English by Marcy Stern, which took place over three sessions in July and August. Our next offerings, scheduled for the fall quarter, are already showing signs of a strong enrollment. Six new students and five continuing students from the local neighborhood registering for a course on "Human Suffering: A Jewish Outlook," with Rabbi Mordechai Becher.

For survivors who are unable to travel to take advantage of learning opportunities, this culturally appropriate programming is a most welcome component of the Ezer L'Cholim Project.
The "Afternoon Chevra." This quarter, we initiated a new format for socialization, adapting the "Warm Home" model for socialization, pioneered in Israel and the Former Soviet Union, which became known to Ezer L'Cholim through Dr. Jackson's participation in the Eshel Professional Exchange Program. During the spring quarter, we prepared to create a men’s socialization group, targeting clients known to us who were reluctant to participate in other forms of socialization offered by our program.

The six men who agreed to participate in this group shared a common bond with social worker Aaron Orlander, who had been meeting with each of them individually for some time. Over time, they have developed bonds with each other, as well. Weekly group meetings, which began early in the summer quarter, have continued; as of the fall quarter, new members will be added, on a gradual basis. Experience is confirming that this type of group format is ideally suited to the needs of religiously observant men, who benefit most from a combination of socialization and religious learning. The role of Mr. Orlander, a skilled facilitator who is also sensitive to each man's psychosocial situation, adds another dimension of depth to the sessions.

The following is an article about the group, written for Bikur Cholim of Boro Park's fall newsletter.

"LIFE IS WITH PEOPLE"

They come together every week. One man is 98. His friend, the young one, is 86. Together, they join with other Holocaust survivors in a new program sponsored by the Ezer L'Cholim Project for Holocaust Survivors -- the "afternoon chevra."

Nothing stands in their way -- not failing eyesight, diminished hearing, or difficulty moving around. Once a week, these men find their way to the Boro Park living room where Aaron Orlander, CSW, Ezer L’Cholim social worker, greets them with a smile. Cut-up fruit, refreshing drinks, food for thought, and nourishment for the spirit, await.

"What a Mitzvah You Are Doing!" Says Mr. Orlander, "They tell me, 'You don't know what a mitzvah you are doing, bringing us here!' These men are trying to hold onto the world. They see everything going on around them, as if they're looking from outside. The fact that a younger person wants to talk with them, to bring them together, means everything to them."
When the group began, the men were strangers to each other. But each one already had a close relationship with Ezer L’Cholim’s social worker. Knowing how much it would mean for these men to have structure in their life, a place to go for learning and good company, Mr. Orlander proposed the initial get-together. “I thought they would enjoy meeting each other. Each one has so much to offer.” A community member volunteered his home for the gathering. Now, the men know that each week, “We can get out, and not just for doctor visits!”

Meetings follow a regular order. After taking off their hats and jackets, the men sit down for refreshments and catch up on the week’s events. After tehillim and a tefillah for complete recovery and redemption on behalf of Jews everywhere, they hear a lesson in Yiddish on the weekly parsha given by Mr. Orlander. Questions, discussion, and a lively give-and-take will follow. Very often, themes in the “parsha” will bring up memories and experiences from life before, during and since the Churban Eirope. The men help each other to remember, and each man’s story helps his friends to feel less alone.

“The Shtetlach Live in Our Memories.” Above all, each man has one special treasure to share: memories of the shtetl in which he grew up. What it looked like, how it felt on Shabbos, the people and how they cared for each other -- these are images that brought comfort throughout endless hardships, and they bring warmth and comfort even now. Week after week, shtetlach from Poland, Hungary, and Galitzia live again, in the words and smiles of the survivors who lived there as children and young men. Precious moments from the past come back to life, with all their healing power.

The “afternoon chevra” is Ezer L’Cholim’s newest forum for bringing Holocaust survivors together. Based on a model developed in Israel and the Former Soviet Union, such groups meet regularly in a volunteer’s home. For the elderly, who may be alone in their homes for days at a time, the “Bayis Cham” — “warm home” — is a lifeline to the world around them.

Ezer L’Cholim also offers monthly social gatherings for men and women, currently hosted by a local nursing facility, Metropolitan Jewish Health System, at their Brennen Pavilion. Mr. Moshe Becker, Ezer L’Cholim caseworker, coordinates referrals to “Shemesh,” a ladies’ program for Holocaust survivors that meets twice weekly at an adult day health center in Boro Park. Elisa Stern, CSW, oversees a series of in-home telephone shiurim, offered to survivors in conjunction with the DOROT program in Manhattan. And this fall, caseworker Mrs. Nechama Wise set up the “Sunshine Club,” offering survivors the opportunity to volunteer their time to help others in need of companionship and comfort.
"A World Inside Each Person." Ezer L'Cholim allocates emergency cash grants to financially needy survivors. Intakes are done by Mrs. Sarah Baum, with funds provided by the Claims Conference. The program also provides in-home supportive counseling, places volunteers for friendly visitation, and offers advocacy for elderly survivors dealing with governmental programs and health care systems. Survivors are greeted, whenever possible, in the language they prefer to speak. Social worker Mrs. Adina Rauer, for example, converses fluently with clients in Russian and Hebrew, in addition to English. All of these interventions help survivors to cope with their ever-changing needs. Yet one need never changes: the need for friendship.

"Every time we bring survivors together to help each other, we are fulfilling an important part of our mission," says Ezer L'Cholim’s director, Susan Jackson, PhD. "We do our best to be there for them. And because there is a world inside each person, they can also be there for each other. That's a beautiful thing to see."

Members of the “afternoon chevra” agree.

_The Ezer L’Cholim Project for Holocaust Survivors is funded by a grant from the Conference on Jewish Materials Claims Against Germany._

We are extremely pleased with the success of this undertaking. Over time, we anticipate creating other groups based on the “Warm Home” model, which is especially appropriate for those clients whose needs are not fully met by the other socialization options offered through Ezer L’Cholim.
Volunteer Services
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Volunteer Services

Volunteers contribute significantly to the lives and well being of Ezer L’Cholim clients. From girls in yeshiva high schools who visit faithfully after school and on Shabbos, to mature volunteers who transport and accompany survivors to medical appointments, the range of volunteer services is extensive. In addition to providing all the benefits associated with friendly visitation, volunteers also provide a monitoring function, alerting Ezer L’Cholim staff when they observe changes in the survivor’s situation that might require further evaluation.

Focus On: Bikur Cholim of Boro Park. This quarter, Bikur Cholim of Boro Park has made a special effort to enhance volunteer services to aging survivors. After hiring a new Coordinator of Volunteers, the organization undertook an extensive campaign to recruit additional participants for its volunteer program. Beginning with a display ad in local Jewish newspapers during the summer quarter, with plans to extend the ad campaign through the fall religious holidays, Bikur Cholim of Boro Park made a special commitment to this effort. A copy of the August display ad is included as an attachment to this report. As a result of increased recruitment efforts, Bikur Cholim was able to deploy mature volunteers into a number of settings – the community, for homebound visitation; Maimonides Medical Center, for hospital visitation; and Metropolitan Jewish Geriatric Center, for nursing home visitation and feeding – for the benefit of many elderly clients, including those associated with the Ezer L’Cholim program.

Additionally, an Ezer L’Cholim caseworker, Mrs. Nechama Wise, took leadership in reaching out to Holocaust survivors who have expressed an interest in making use of their many skills by serving as volunteers to help others. Mrs. Wise initiated the “Sunshine Club,” specifically for recruitment, placement, and support of volunteers from among the survivor community, at a social gathering in the summer quarter. She distributed a leaflet to all those in attendance; a copy is attached to this report.

Mrs. Wise found that about a dozen survivors responded to her initial call, volunteering for activities ranging from visiting the homebound, to providing telephone reassurance, to reading poetry at a subsequent social gathering, to helping with mailings at the Bikur Cholim office. In the fall
quarter, she plans to continue publicizing this unique new project, and to work in depth with those who have already expressed interest. We view this as an invaluable opportunity for survivors to experience themselves as sources of help and support to others. Even though they are learning to receive help, as a result of new needs related to the aging process, they need not give up their ability to give help. The benefits to their self-esteem are matched only by the benefits of the service they will provide to other survivors and to the community as a whole.
Supportive Counseling Program
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Supportive Counseling Program

Ezer L’Cholim continues to offer in-home, supportive counseling for Holocaust survivors with emotional and/or social difficulties. Throughout the summer quarter, services were provided by two full-time social workers, Elisa Stern and Adina Rauer, and another social worker, Aaron Orlander, who worked one day per week. In the fall quarter, we anticipate reducing social work time to a total of 1.6 workers, with Elisa Stern remaining at full time, Adina Rauer and Aaron Orlander working one day per week, and an additional social worker also working one day per week. This staffing pattern will enable us to meet the needs of the 40 clients who are now actively participating in the supportive counseling program. We will also have the flexibility to increase the hours of at least one of our part-time workers, if there is an increased demand for this important service.

For several years, we have been attempting to identify psychiatric providers, practicing in Brooklyn, who are specifically trained to work with the geriatric population. This quarter, we succeeded in making contact with a geropsychiatrist based at the Lutheran Medical Center, which is located near our offices. After meeting with the director of psychiatric services at Lutheran, we are hopeful that we will be able to make appropriate referrals for clients of the supportive counseling program who are also in need of psychiatric intervention. During the fall quarter, we will continue our efforts to establish a working agreement with Lutheran’s department of psychiatry. When this is accomplished, our social workers will be in a better position to help clients gain access to the psychiatric care that can make such a difference in their ability to benefit from verbal interventions, and in their overall quality of life.
Educational Programming
EZER L'CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Educational Programming

Seminar Series. This quarter, we continued our series of seminars for professionals, volunteers, and community members involved with the survivor community. Funded by a small grant from the UJA-Federation of New York, this series is intended to provide information and supplemental skills to enhance participants’ ability to respond helpfully to the special needs of Holocaust survivors.

Under the leadership of Elisa Stern, CSW, the series included two seminars held in the summer quarter. In August, Dr. Flora Hogman, clinical consultant to the Hidden Child Foundation, gave a presentation on “Children Who Survived the Holocaust: Past and Present Coping.” Her presentation was unique in that a number of professionals in attendance brought with them clients who were themselves child survivors. Subsequent feedback indicated that the seminar provided valuable perspectives to the child survivors who participated, while their presence certainly enriched the learning experience for everyone present.

In September, Dr. Irit Felsen, a clinical psychologist with special expertise in the area of survivor trauma, spoke on “The Impact of Trauma on Communication Styles.” Dr. Felsen, who had served as a presenter in the seminar series earlier in the year, gave important insights as well as specific suggestions for assisting those survivors who may need help in developing more effective patterns of self-expression.

The UJA-Federation of New York grant from which we have defrayed expenses for this series has been extended for another year. Therefore, we will be able to continue offering such presentations through June, 2004, under terms of the existing funding.

“Living With Dignity” Series. In addition to the seminar series, survivors and their families had the opportunity to attend the “Living With Dignity” series presented annually each summer by Bikur Cholim of Boro Park. This year, a total of three presentations were included in the series, which spanned July and early August.
Rabbi Psachya Fried, of Congregation Chevra Bnei Yisroel of Boro Park, spoke on "A Halachic Perspective on Care and Life Issues of your Elderly Family: When a Parent Can No Longer Care for Themselves." Jay Sangerman, Esq., spoke on "Asset Management and Entitlements for the Sick and Elderly," and Marshall Keilson, M.D., Associate Director of the Department of Neurology at Maimonides Medical Center, described "Neurological Issues of the Elderly."

The series, which is offered free of charge and advertised extensively to the public, was sponsored this year by Pfizer Pharmaceuticals. Clients and staff of Ezer L'Cholim, as well as family members and volunteers, attended some or all of these presentations, with the opportunity to have their specific questions addressed at the conclusion of the prepared presentation.
Summary and Conclusions
EZER L’CHOLIM PROJECT FOR HOLOCAUST SURVIVORS

Summary and Conclusions

In the third quarter of this year, Ezer L’Cholim has continued to offer a high quality of service to Holocaust survivors, modifying our program within the context of overall stability in operations. Highlights of our accomplishments this quarter include the following:

We disbursed a total of $57,843 from our emergency cash allocation programs, in the form of 220 grants paid from several different funding sources: the Swiss Banks settlement funds (192 grants totaling $53,177), the Austrian Government funds (24 grants totaling $4055), and the Austrian Bank Funds (4 grants totaling $611).

We designed a new program, the “Special Care Initiative,” funded through the ICHÉCI grant. With approval secured from the Claims Conference this quarter, we look forward to implementing this initiative fully, as of the fall quarter. These additional services will help us respond more adequately to financially limited survivors with complex medical needs, attempting to maintain independent living in a community setting, whose care requirements cannot be met within the guidelines of our other emergency cash programs.

We succeeded in holding monthly social gatherings, with ever-increasing attendance, in partnership with the Metropolitan Jewish Geriatric Center.

We continued outreach for the “Shemesh” adult day health program for Holocaust survivors, offered in conjunction with the Metropolitan Jewish Health System, and finalized arrangements for print advertisements.

Our contribution to the University Without Walls program in conjunction with DOROT, afforded culturally appropriate programming for religiously observant survivors, through a summer course offering and making arrangements for several series in the fall quarter.

We initiated a new format for socialization, the “Afternoon Chews,” using the “Warm Home” model to bring together a group of male survivors for weekly learning and companionship. Under the auspices of social worker Aaron Orlander, the group is conducted entirely in Yiddish, and has been
meeting weekly since the start of the summer quarter. We are finding this format to be ideally suited to the needs of religiously observant men, a group for whom our other forms of socialization are not as culturally relevant.

Our volunteer services program continued, including the introduction of the “Sunshine Club,” an opportunity for survivors to offer their skills and caring to others in need, by signing up for volunteer opportunities.

The supportive counseling program continued in-home, supportive counseling for Holocaust survivors with emotional and/or social difficulties. A total of 40 clients actively participated in the program this quarter. We continue to refine our staffing patterns in light of changes in demand for these services, with a flexible staffing configuration based on a combination of full-time and part-time social work positions. We also began discussions with Lutheran Medical Center, in an effort to secure reliable geropsychiatric consultation for individual clients, as the need arises.

We continued to offer educational programs, including two presentations in our ongoing seminar series funded by a small grant from the UJA-Federation of New York. In addition, our yearly “Living With Dignity” series provided three public lectures for those involved in caring for older adults.

In summary, the Ezer L’Cholim Project for Holocaust Survivors continues its effective engagement with the survivor community. Coping with change and creating new opportunities for services, we address our primary task: reaching out to survivors with contributions that will enhance, as fully as possible, their health and quality of life.
Quarterly Financial Report
7/01/03 – 9/30/03
<table>
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<th>Quarterly Financial Report</th>
<th>Project Title:</th>
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<td>Ezer L’Cholim</td>
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<td>A. Personnel</td>
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<td>Director - Susan Jackson, Ph.D.</td>
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Letters, Advertisements, and Publications
The Austrian Holocaust Survivor Emergency Assistance Program (AHSEAP) funded by the Austrian government and Bank Austria is accepting eligible applicants.

**Fund Objective**

The objective of this program is to provide emergency and short-term assistance to qualified Austrian Jewish Nazi victims who are in need of essential welfare services.

Funds may be used for medical purposes such as:
- Medical care, homecare, and health insurance
- Medical products such as wheelchairs, special seating, beds and hearing aids
- Dental care
- Purchase and installation of emergency alert devices
- Health aids, equipment and home adaptation for medical reasons

Funds may also be used for other emergencies such as:
- Purchase into the Austrian Social Security Pension Program
- Housing related cases such as rent to prevent eviction, household repairs and heavy duty household cleaning

**Eligibility Guidelines**

**Citizenship Requirements**

Eligible individuals or their parents must have been Austrian citizens or have had at least ten years of residency in Austria as of the date of emigration. Individuals must have left Austria on or after July 11, 1936 as a result of Nazi persecution for political or religious reasons or to escape persecution.

**Maximum Yearly Income**

One Person $17,960
Two People $24,240

**Maximum Cash Assets**

One Person $10,000
Two People $15,000

The individual’s level of expenses are considered.

If you know of individuals who may fit the above criteria, please inform them of the availability of this funding. For further information contact Mr. Moshe Becker at the Ezer L’Cholim Project for Holocaust Survivors at 718 438-2020.
The Ezer L'Cholim Project for Holocaust Survivors
COJO of Flatbush • N'Shei Ahavas Chesed
Bikur Cholim Rena V'Yeshua of Staten Island
Bikur Cholim Nefesh Chaya of Flatbush
Pesha Elias Bikur Cholim of Bobov

We invite you to join us for a

Pre-Yom Tov Luncheon

Tuesday, September 16, 2003
12:30 p.m. - 2:30 p.m.

Metropolitan Jewish Geriatric Center
4915 10th Avenue
(entrance on 50th Street & 10th Avenue)

We Are Planning A Program
That You Are Sure to Enjoy!!

Please respond by Friday, September 12th
to (718) 494-4343
and let us know if you plan to attend
and will need transportation.

We are looking forward to seeing you!

Sponsored by: The Conference on Jewish Material Claims Against Germany
Metropolitan Jewish Health System
Bikur Cholim of Boro Park
The Ezer L’Cholim Project for Holocaust Survivors
Bikur Cholim of Boro Park

We invite you to join us for a

Special
Summer Luncheon

Wednesday, August 27th, 2003
12:30 p.m. - 2:30 p.m.

Metropolitan Jewish Geriatric Center
4915 10th Avenue
(entrance on 50th Street & 10th Avenue)

If you plan to attend, please respond by August 21st to 718-438-2020

Moshe Becker - ext. 246
Adina Rauer - ext. 288
Elisa Stern - ext. 233
Nechama Wise - ext. 243

If you request transportation, pick-up time will be on
Wednesday, August 27th at 12:00-12:15 p.m.
The driver will call when he is in front of your house.

We’re Planning A Program
That You’re Sure to Enjoy!!

Sponsored by: The Conference on Jewish Material Claims Against Germany
Metropolitan Jewish Health System
Bikur Cholim of Boro Park
The Ezer L’Cholim Project for Holocaust Survivors
  • COJO of Flatbush
  • N'Shei Ahavas Chesed
  • Bikur Cholim Rena V’Yeshua of Staten Island

We invite you to join us for a

Special Summer Luncheon

Wednesday, July 23, 2003
12:30 p.m. - 2:30 p.m.

Metropolitan Jewish Geriatric Center
4915 10th Avenue
(entrance on 50th Street & 10th Avenue)

We’re Planning A Program
That You’re Sure to Enjoy!!

Please respond by Monday, July 21st
to Ruthie Steinberg (718) 627-5602
and let us know if you plan to attend
and will need transportation.

We’re looking forward to seeing you!

Sponsored by: The Conference on Jewish Material Claims Against Germany
Metropolitan Jewish Health System
Bikur Cholim of Boro Park
SHEMESH
A “Mehadrin” program in Boro Park

Do you need to get out?

SHEMESH offers you
- Socialization
- Medical supervision
- Uplifting Divrei Torah
- Therapeutic recreation
- Two Glatt kosher meals per day
- Door-to-door transportation

Women’s program meets Mondays and Wednesdays
8:30 AM-2:00 PM. at the Adult Day Health Center
of Metropolitan Jewish Health System. Men’s program
starting soon.

If you are enrolled in Medicaid and are under
a doctor’s care, you may be eligible. For more
information, please call Bikur Cholim

Adult Day Health Center • 6202 16th Avenue Brooklyn, New York

Co-sponsored by Metropolitan Jewish Health System, Bikur Cholim of Boro Park, The Ezer L’Cholim
Project for Holocaust Survivors, and The Conference on Jewish Material Claims Against Germany.

METROPOLITAN JEWISH HEALTH SYSTEM

Guardians of the sick
Bikur Cholim of Boro Park
Ezer L’Cholim Project for Holocaust Survivors

Sunshine Club

We’d like to invite,
each of you to volunteer,
as you have so much,
to offer and to share.

Be it a phone call,
a visit, or article to read,
we need YOU to help us,
to help OTHERS in need.

So, please check off,
a box or two,

Bikur Cholim and your friends,
are counting on you!

Sponsored by the Conference on Jewish Material Claims Against Germany
I'd love to:

☐ Become a telephone pal
☐ Visit and/or feed at Metropolitan Nursing Home
☐ Visit the homebound
☐ Write an article for the newsletter
☐ Come to the office and help with mailings
☐ Prepare and present a story or poem at future social gatherings
☐ Other ____________________________

Name ____________________________________________
Address __________________________________________
Telephone _________________________________________

Your volunteering,
means so much.
We're looking forward,
-to being in touch!

With best wishes for a good

Your Ezer L'Cholim Family
Sarah Baum, Moshe Becker, Adina Rauer
Elisa Stern, Nechama Wise
NINE DAYS OF CARING

IF NOT NOW — WHEN?

You know you’ve been wanting to volunteer.

The Nine Days are a time for chesed, when all of us want to do what we can to rebuild the Beis Hamikdosh.

If you can spare at least an hour a week, you can make a difference in someone’s life.

Take the first step. It’s only a phone call away.

Please call the Bikur Cholim office at 718-438-2020.
Training Session
for Helping Professionals, Volunteers, and the General Public

Guest Speaker:
Flora Hogman, Ph.D.
Licensed Clinical Psychologist
Clinical Consultant to The Hidden Child Foundation/ADL
Child Survivor

Topic:
Children Who Survived the Holocaust:
Past & Present Coping

Date:
Thursday, August 21, 2003

Time:
Cake & Coffee: 12:45 p.m. - 1:00 p.m.
Training: 1:00 p.m. sharp - 3:00 p.m.

Location:
Charlotte & Nathan Jacobowitz
Bikur Cholim Building
5216 11th Avenue
Brooklyn, New York

For more information, please call Elisa Stern, ACSW, at (718) 438-2020, ext. 223.

Admission: Free

Partners in this project include:
COJO of Flatbush, Nefesh Chaya Bikur Cholim of Flatbush, Pesha Elia Bikur Cholim D’Bobov,
N’Shei Ahavas Chesed and Bikur Cholim Renah V’Yeshua of Staten Island.

The Ezer L’Cholim Holocaust Program is sponsored by the Conference on Jewish Material Claims Against Germany, Inc.
This project has been made possible by a grant from UJA-Federation of New York
Living with Dignity

Tuesdays ~ 7:30 PM - 9:00 PM ~ During “Bein Hamitsarim”

July 22 / 22 Tammuz
A Halachic Perspective on Care and Life Issues of Your Elderly Family
Rabbi Psachya Fried
Morah D’Asrak, Cong. Chevra Bnei Yisroel of Boro Park
- When a Parent Can No Longer Care for Themselves

Moderator:
Rabbi Shmuel Steinharter
Executive Director, Bikur Cholim of Boro Park

August 5 / 7 Av
Asset Management and Entitlements for the Sick and Elderly
Jay J. Sangerman, Esq.
Principal, Jay J. Sangerman and Associates
- Why and When Medicaid
- Financial Planning for the Disabled

Neurological Issues of the Elderly
Marshall Keilson, M.D.
Associate Director, Dept. of Neurology, Maimonides Medical Center
- Changes that Occur with Age
- When Is it More than Just Forgetfulness?
- Treating Depression and Other Mental Health Issues

All lectures will be held at the
Charlotte & Nathan Jacobowitz Bikur Cholim Building
5216 11th Avenue, Brooklyn, New York
For Men & Women • Separate Seating • Free Admission • Light Refreshments
For more information, please call 718-438-2020
Sponsored by PFIZER PHARMACEUTICALS