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LEGAL SERVICES

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Proposal

For underwriting the purchase of

Medical and Rehabilitative
Homecare Equipment
For Victims of the Holocaust

General Information

Yad Sarah, one of the largest voluntary organization in Israel, provides a spectrum of free or nominal cost services designed to make life easier for sick, disabled and elderly people and their families.

Today, only 26 years after it was founded, Yad Sarah has 102 branches throughout Israel run by some 6,000 volunteers, and saves the Israeli economy about \$360 million a year in hospitalization and medical costs. In the year 2003, over half of the families in Israel applied to Yad Sarah services.

Yad Sarah's mission is to keep the ill and elderly in their homes and out of institutions as long as possible. Homecare in the natural environment of the family is most conducive to healthy recuperation, both physically and emotionally. The avoidance of institutional care is especially important for elderly people who have lived through the Holocaust. Even the best old-age homes or nursing homes bring back frightening memories, which tend to worsen as people get older.

Lending equipment

Yad Sarah's best-known service is the lending of medical/rehabilitative equipment on a short-term basis free of charge to anyone who needs it – from a stock of tens of thousands of items, from crutches and wheelchairs to oxygen concentrators and electronic monitors.

In addition, the wide range of other services include transportation and day-care centers for the disabled; Golden-age centers; minimum-charge geriatric dental clinics; personal computerized emergency alarms monitored 24 hours a day; a wide range of creative, recreational and rehabilitative activities for homebound people (including documenting personal histories), and support for their families/caregivers, guidance/exhibition centers which help disabled people choose the assistive devices most suited to their needs.

The steady increase in the number of applications from the needy for borrowing equipment can be explained, in part, by the addition in population, the aging of the population, and the added awareness of the possibilities provided for remaining at one's home in spite of physical handicaps. People who were children during the holocaust have now reached an age when they need help in the form of:

- assistive equipment at home and outdoors
- ready-to-eat meals
- various kinds of at-home activities, including handiwork, computers, recording their histories, etc.
- · personal alarm systems
- and many kinds of equipment items that Yad Sarah ordinarily lends on a short-term basis. They need these things for longer periods of time.

By the nature of the services offered by Yad Sarah, the majority of users are elderly, including many Holocaust survivors, in this age sector of the Israeli population. Because of their unwillingness to be placed in rigid group frameworks, Holocaust survivors are in need of a particularly large range of medical devices in order to create a homecare environment suited to their medical condition.

There are, in addition, many Holocaust survivors who have physical ailments that have confined them to wheelchairs or to their beds. Yad Sarah is capable of creating a supportive hospital-like environment at home, with all the trappings: hospital beds, oxygen machines, feeding devices and everything else required for homecare. Having a hospital bed and the other accessories enables many old and feeble people to remain at home, with their loved ones, instead of being hospitalized or placed in nursing homes.

We are requesting your help to enable us to purchase medical and rehabilitative equipment such as hospital beds, personal alarms, wheelchairs, and other items that holocaust victims need for longer periods in order to remain at home in their old age.

The following list is an estimate of the kinds and quantities of equipment needed for immediate use (for the year 2004, throughout the country).

NEEDS & PRICES

ITEM	QUANTITY	UNIT PRICE IN	TOTAL IN \$
Regulator for oxygen tank	200	90	18,000
Glucometers	100	55	500
Elevated head-rest for bed	60	30	1,800
Elevated foot-rest for bed - set	80	36	2,880
Walker - folding	50	36	1,800
Walker (telescopic) for adult	300	50	14,400
Walker – folding without wheels	300	27	7,975
Walker - folding with wheels	1,200	50	57,600
Walker with wheels for adult	1,000	50	48,000
Treatment armchair	40	800	32,160
Helping hand for disabled	150	12	1,800
Wheelchair with right side lever	10	870	8,640
Wheelchair with left side lever	10	870	8,640
Wheelchair - standard for adult	1,000	340	336,000
Wheelchair - reclining -	1777		
adjustable legrests for adult	100	870	86,400
Bath & toilet chair - mobile	600	340	201,600
Self-propelling bath/toilet chair	20	530	10,560
Dialysis chair (body balancing)	10	529	5,294
Cushion for toilet seat	500	18	9.000
Cushion – anti-decubiti –	000		3,000
imitation silicon	350	45	14.700
Right angled cushion for chair	30	20	576
Left angled cushion for chair	30	20	576
Blood pressure monitor – digital	250	75	18,000
Stool/seat/bench for bathing	500	35	16,800
Hospital bed – mechanical	50	550	27,487
Hospital bed – electric	50	1,188	59,397
Oxygen concentrator D.V.D.	700	843	t
Intravenous feeding system –	700	043	589,761
"kangaroo"	50	830	41,400
Motor for anti-decubiti mattress	300	140	41,400
Electric patient hoist	50	1,900	96,000
Bed rail (single)	500	90	45,000
Bath rail	30	50	1,440
Toilet rail	100	50	4,800
Telescopic crutches	1,000	10	8,400
Tripod walker for adult	500	15	7,200
Walker with seat	100	30	3,000
Emergency Alarm transmitter	1,600	135	211,200
Trapeze aid for bed	40	100	4,080
Pain reliever (TENS)	100	50	4,800
Suction device—large	40	190	7,536
Multiple-use sensor for Pulse		,,,,,	· ,555
oximeter	190	175	33.060
Transfer bath bench	50	60	3,000
Trolley for home oxygen tank	30	30	900
Holley for hottle oxygen task		1 00	500

		TOTAL:-	\$ <u>2,182,395</u>
1 dise Oximical		1,000	00,000
Pulse oximeter	50	1,380	69,000
Lympha-press cuff for leg	5	180	900
Pressure cuff for leg - 2 valves	10	195	1,920
Pressure cuff for arm - 2 valves	10	80	780
Bedside portable table	30	45	1,260
Wheelchair table	100	65	6,600
Transfer board	100	30	3,000
Crutches - Canadian for adult	500	25	12,000
Crutches for adult	900	25	19,440
Sling system for hoist	20	100	1,920
Infusion stand	70	75	5,040

FEB - 9 2004

LEGAL SERVICES



Proposal to sponsor

Regional Home Services

for people who are caring for a seriously ill patient at home

JANUARY 2004

Regional Home Services for people who are caring for a seriously ill patient at home

Background regarding the population:

Thousands of disabled, elderly or chronically ill people in Israel, a great number of whom are victims of the Holocaust are unable to leave their homes because of their medical condition and physical limitations. They often suffer from loneliness, inactivity, boredom and impairment of their self-esteem and of their image in the eyes of others, affecting their physical and mental health. It has been proved that creative activity, in all its forms, has the power to relieve some of these problems. It is thus critically important to develop a special framework that will give these people a meaning in life and the opportunity for individually tailored creative and artistic activity.

Any family that has experienced the burden of caring for a seriously sick loved one at home knows the physical and emotional price that must be paid by all concerned. Outside help is needed. But this must be the right kind of help, professionally based, wisely administered, and sensitively applied.

This is a need that goes directly to the heart of what Yad Sarah is all about. The pilot project that has been operating in Jerusalem for over a year has proved itself to be on target for the families concerned. The project includes a volunteer who "adopts" the family, evaluates its needs, and serves as an ongoing two-way conduit between the family and all the services offered by Yad Sarah and by other community resources.

The pilot project is one part of the three-pronged comprehensive service for long-term home care that Yad Sarah provides. Backed up by the professional guidance of social workers, physchologists and physical/occupational therapists, the three parts are:

- ✓ "Adopting a Family" places a volunteer in ongoing contact with the family involved in long-term care of a family member, primarily to alleviate the relentless pressure on the main caregiver of a seriously ill patient. The volunteer will take over the care to free the caregiver for spells of relief. The comprehensive role of the volunteer also includes providing information, moral support and liaison with all of Yad Sarah's services.
- ✓ Projects for the Homebound. Unlike the "volunteer adopts a family"
 project, this one is meant for the patient who, though ill enough to require
 full time home care, is capable of communicating with the volunteer. This
 array of creative and useful activities, designed to allay boredom and
 exercise the person's healthy faculties, also creates a naturally restful
 interlude for the caregiver. Adapted to the particular needs of this
 population are Yad Sarah's tried-and-true projects such as:

ARTS AND CRAFTS (creative projects brought home by the volunteer who prepares the projects, delivers the materials, gives instructions etc. with the help of art teachers and occupational therapists. The items may be kept by the maker or sold in Yad Sarah's gift shop.)

WHEELCHAIR GARDENING (potting small plants and guiding their growth, to replace a feeling of helplessness with the feeling of being able to make something grow.)

COMPUTER SKILLS (volunteers who teach computer literacy, games, provide internet ties. The pleasure and interest generated by this new way to spend one's hours, as well as the self-esteem and respect in the eyes of family and friends, have made this one of the most popular Yad Sarah projects.)

LIFE STORIES (Trained volunteers interview the patient to elicit their life stories - for the grandchildren, for posterity, or to relive old memories. The volunteers sit with the patient, tape and transcribe their memoirs, and leave them the transcript with pictures and documents.)

 Social services for convalescents and their families, starting on the day of discharge from the hospital and consisting of help, guidance and support throught the stages of recovery. The volunteer connects the convalescent and his or her family with all the community assistance needed, apprises them of their entitlements and helps them obtain them. The Hebrew name for this service, Yad Tomechet, means Helping Hand.

An adjunct to all the above projects is Yad Sarah's network of support groups for the caregivers. The physical and emotional burden of caring for a sick loved one is eased when shared with others in the same situation, under professional guidance.

With the success of the Jerusalem experience, Yad Sarah now wishes to turn more attention to the project in the rest of Israel. Sponsorship is being sought on a regional basis - that is, to set up a coordinating center in each of the three regions in which Yad Sarah operates outside of Jerusalem [northern, southern and centrall and from there, to reach into all the communities in that region. In the first stage, each regional center would reach out to 3 to 5 communities in the first year and 5 to 7 communities from the second year.

The uniqueness of this project is this: In each region, a single salaried person, having at his or her disposal the vast knowledge and experience that Yad Sarah has accumulated, can operate a team of volunteers in various capacities - some of them quite senior - and thereby help hundreds of people in that region. This "Regional Coordinator" is at the heart of the proposed program.

Staff Requirements

Regional level: 1 salaried professional coordinator

Branch level: 1 home services manager within the branch (volunteer), to be responsible for:

1 coordinator for "social services for convalescents"

1 coordinator for "volunteer adopts a family"

1 coordinator for "projects for the homebound"

20-40 volunteers per branch for the different projects, serving from 40 to 80 individuals a year in each branch.

Selection and Training of Volunteers

Yad Sarah would recruit volunteers for this project who are particularly sensitive to the needs of others, good communicators, with initiative, optimism, patience and empathy.

Before they set foot in the patient's home these volunteers would undergo the following training:

- Thorough familiarity with Yad Sarah's services
- How to enter the home of a sick or elderly person
- Types of diseases
- Illness in the family: the patient and his/her relatives
- The "contract", expectations and boundaries
- Coping with the environment
- Facing death
- Familiarity with other services in the community
- Existing possibilities for mutual activity
- Support what does it mean?

After entering the patient's home, support and feedback are important – both individually and as a group. The volunteers would therefore meet twice a month, to develop esprit de corps, share experiences, learn from each other, unload stresses and problems, and learn how to defend themselves against over-identification. They are also expected to be "ambassadors" who will keep Yad Sarah informed about the patient's condition so we can continue helping.

The volunteers will have ongoing guidance that will give them additional tools for coping with the situations they meet, and extensive information about ways to keep the patient from being bored.

Augmenting the average National Insurance entitlement of a caregiver for 15 hours a week, the Yad Sarah volunteer goes into the home for an additional four hours a week – in either one or two visits, depending on the family's preference and the volunteer's capacity – adding precious time and help to the overburdened family.

Integration of this program within the branches

The new volunteers will become an integral part of the general staffs of the branches they work out of. They will interact on every level with the existing volunteers and keep up a healthy two-way exchange, providing information and mutual support.

Existing infrastructure

Yad Sarah now has its Central Regional management in a brand new service center in Rishon Lezion (near Tel Aviv). This can be the "home base" for the new comprehensive homecare service for the Central Region. The Southern Region has already begun to implement a comprehensive service for volunteers to adopt the families of long-term patients, but this is in its early stage and does not yet have funding. A location for the Northern Region has yet to be selected.

The Present Proposal

The projected costs of the project include:

ITEM	FOR ONE REGION	THREE REGIONS, ONE YEAR	THREE REGIONS, THREE YEARS
Salary for one regional director, including transportation costs	\$32,000 per annum	\$96,000	\$288,000
Cost of operating 720 volunteers at \$30 per volunteer per year	\$21,600 for 3 yrs.		\$64,800
Cost of training sessions, field trips, lectures, meetings, national conventions, at \$1,800 per branch for 18 branches	First year (4 branches) \$7,200 + Second year (7 branches) \$12,600 + Third year (7 branches) \$12,600 = \$32,400 for 3 yrs.		\$97,200
TOTALS			\$450,000



Yad Sarah יד שרה

Holocaust Victim Assets Litigation

San Francisco, Cal. 94128-8300

Israel's unique volunteer network of homecare support services

Headquarters: Yad Sarah House, Kiryat Weinberg, 124 Herzl Boulevard, 96187 Jerusalem, Israel Website: www.yadsarah.org The Bella and Harry Wexner Building

PRESIDIUM

Prof, Yehuda L. Danon Chichno's Moducal Center of Israel

Prof. Menachem Elon Former Deputy President Supreme Court

29 January 2004

P.O. Box 8300

Prof. Leon Epstein Hadassah Urwersity Hospital

Prof. Mervyn Gotsman Hadassah University Hospital

> Dr. Asher Halperin Head, Earling Instance Tel Aviv

Prof. Jonathan Mann Dean, Hebrew University-Hadassah School of Dental Medicine

> Prof. Jacob Menczel Maccabi Health Services

Prof. Eliezer Robinson Head, Oncology Institute Rembam Hospital, Haifa

Prof. Ezra Sohar Sheba-Tel Hashomer

Dear Sir/Madam,

Modical Coste

USA

Abroad

IN THE U.S. 450 Park Averus, Sute 3201 New York New York 10022 Tel. 212-223-7758 Fax. 212-223-7759 Tol Free: 1-866-YAD-SARAH

IN THE U.K. do Conen Arnold & Co. New Burington House 1075 Frictiery Road London NW11 OPU Fax. 020-8731-0778

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Meal service

Founded by the late Jacob Lupolianski

Permit us please to submit two proposals:

- 1. A proposal to sponsor regional home services in Israel for people who are caring for a seriously ill [patient at home
- 2. A proposal for underwriting the purchase of medical and rehabilitative homecare equipment for victims of the Holocaust.

Thank you for your attention,

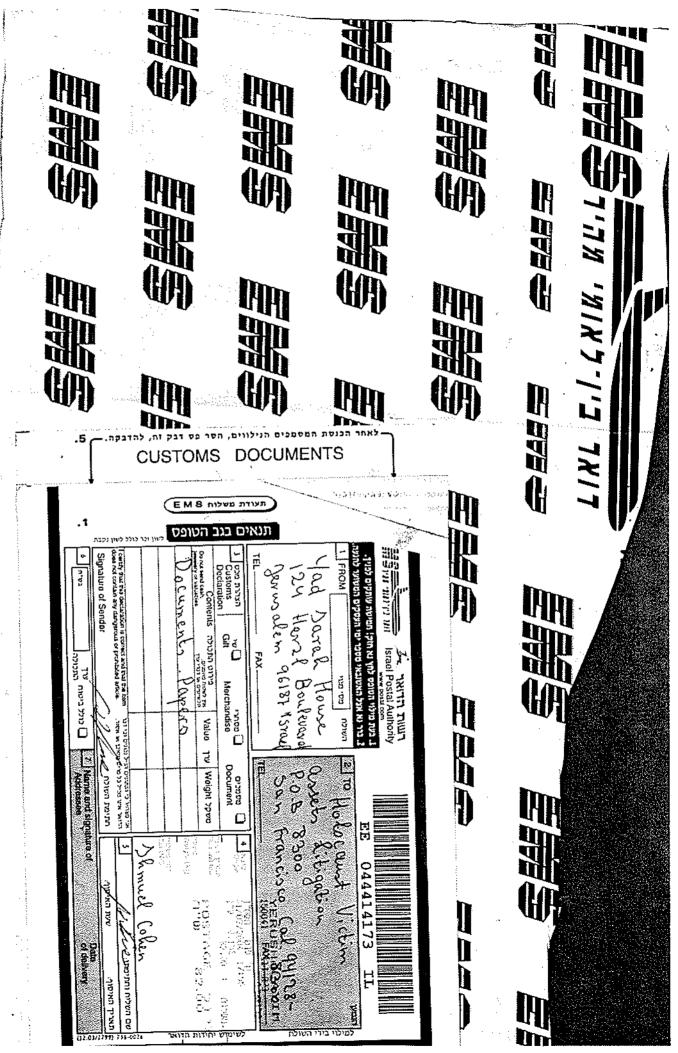
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Deputy Director

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