



THE ASSEMBLY
STATE OF NEW YORK
ALBANY

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Assemblyman 48th District

DEPUTY
MAJORITY WHIP

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RECEIVED

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January 29, 2004

LEGAL SERVICES

The Honorable Edward R. Korman
United States District Court
The Eastern District of New York
United States Courthouse
225 Cadman Plaza East
Brooklyn, New York 11201

Dear Judge Korman:

I represent the 48th Assembly District in Brooklyn, home to the world's largest contingent of Holocaust survivors. Though all elderly people become vulnerable as time takes its toll on their health and strength, this axiom can be squared when pertaining to Holocaust survivors, whose horrific experiences make them many times more defenseless.

If not for the services of a most unique and blessed organization, Nachas Healthnet, our surviving seniors would be in a truly hapless position. Nachas staunchly fills the gap in services in a modest yet highly committed manner, without fanfare, thereby actually saving and prolonging lives. Nachas Healthnet does counseling, medical screening, helps with filing for reparation funds and all other client-bewildering essentials. The Nachas people were instrumental in pointing out to me the need to have banks waive transfer fees for reparation payments, which effort proved to be highly successful.

Now that survivors are growing older and frailer, even more services are needed. Nachas Healthnet is an absolutely invaluable resource in this community.

Sincerely,

Dov Hikind
Member of Assembly

DH/hw



*Nachas Health
& Family Network*

1310 48th street, Brooklyn, NY 11219
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**Nachas Humanitarian Aid
For
Holocaust Survivors
Grant Proposal**

Submitted : January 2004

Nachas Health & Family Network, Inc.

1310 48th Street, Brooklyn NY tel: 718.436.7373 fax: 718.346.3115 email: nachashealth@aol.com

The Organization

Nachas Health and Family Network Inc., a not for profit 501(c) 3 formed in 1990, is a healthcare and social service community based organization with a board of directors that focuses on the needs of the medically under-served Orthodox and Immigrant Jewish communities and the surrounding communities of Greater New York City.

Annually, Nachas serves approximately ten thousand clients. The services include events to promote health education and awareness with medical outreach and referrals. We also facilitate the enrollment for state-run low cost or free insurance programs for under-privileged families. At our health fairs, we provide free medical screenings for all ages. We offer healthcare assistance through referrals and programs and a wide variety of health and social services for seniors and Holocaust survivors. We identify our clients by their age-range groups: Children, Adults and Seniors.

As a member of the Brooklyn Breast Health Partnership, we have developed a women's cancer prevention program which focuses on providing free mammograms, pap smears, clinical breast exam and breast self exam education to the uninsured women of the communities we serve. In addition to the cancer screenings, Nachas has established a program that gives adults the opportunities to be screened for a variety of medical conditions including vision, audiology, podiatry, dentistry, blood pressure, heart disease and diabetes.

Our Senior client population is largely made up of Holocaust Survivors. Brooklyn is home to the world's largest community of Holocaust Survivors. NACHAS has become known as the health and medical advocate for this population. We have medical screening programs specifically for senior citizens and Holocaust Survivors. These screening programs include diagnostic exams for audiology, vision, dental, chiropractic, reflexology, skin cancer, osteoporosis, diabetes, blood pressure and cholesterol. We organize weekly exercise classes and support groups for seniors and survivors. We have a special division dedicated to assist holocaust survivors by clarifying the issues for them and preparing the applications for the various entitlements programs.

NACHAS has developed a very close working relationship with the senior citizens and Holocaust survivors living in New York.. NACHAS has taken great pains over the years to ensure the highest quality of comfort and services to the people who put their trust in us. To this end, we have a multi-lingual staff and sensitive caseworkers who help each client so that their visit to Nachas ends as a positive productive experience. We try to address the cultural and linguistic needs of our clients. Nachas continues to review, adapt and expand its roster of programs in accordance with the needs of our clients.

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Nachas has also become the place Survivors turn to after unresolved visits to other organizations. Not only are Holocaust survivors calling upon Nachas for help, but other organizations are referring clients with unique circumstances to Nachas as well. This has served to increase Nachas' caseload to the point where we are now the premier social services agency for Holocaust survivors in Brooklyn. We receive phone calls from all over the world from people requesting our services. Our database currently contains information on more than 6,000 Holocaust survivors that have benefited from our services, and is capable of identifying their age, country of origin, type of "Holocaust experience" (i.e. camps, slave labor, etc.) and other relevant information.

Over the years, this relationship has grown to the point where survivors often call upon Nachas first for help with any problem they may have, reparations-related or not, both before seeking help from other organizations and after unresolved visits to other organizations. Recognizing that we pay special attention to even minute details in the services that we provide for Holocaust survivors, many other organizations refer clients to us to resolve problems (including the Claims Conference). Our good reputation brings us clients from many surrounding communities: Williamsburg, Monsey, Queens, Monroe, New Jersey and others. It is our mission to provide the best services possible to every Holocaust survivor who comes through our door.

We have assisted impoverished survivors with funds for medications, doctor visits, food packages, flu vaccines, eye glasses, hearing aids, smoke alarms, medical alert buttons. We have networked with state and local agencies to ensure that needy survivors' basic living needs are met.

Holocaust Advisory Committee

Nachas works work closely with its Holocaust Advisory Committee created in 1999. The committee consists of survivors hailing from various countries that were under Nazi control including Hungary, Poland, Russia, Romania and Czechoslovakia. The group was established by Nachas when we received our initial grant from the Claims Conference of Jewish Material Claims Against Germany, to arrange medical services for victims of Nazi aggression. This committee continues to advise us regarding the development of programs and services as the survivors' life situations alter. As per their instructions for the past five years, we have been coordinating various medical screenings groups, physical therapy sessions, home care, and medical supplies for the general survivor population and crisis intervention for unique situations. The members of the committee are concerned with the deteriorating quality of life for the survivors as they age. The group has also been influential in the creation of many of Nachas' social-medical programs. For example, the group is responsible for the increase of our bi-weekly women's support groups and our weekly women's aerobics classes. Since September 11th, 2001, there has been increased demand for our support groups. We now

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offer two women's support groups in Boro Park, two women's support groups in Flatbush and a

men's support group in Boro Park. We have also brought in a social worker to assist clients on-site with their government entitlements (Medicare, Medicaid, food stamps etc.) and to give legal advice and counseling regarding the steps to take to benefit from these entitlements.

Senior & Survivor Population

Brooklyn is home to the largest population of Holocaust survivors in the United States. Approximately half of Nachas clients are seniors. The vast majority of those are Holocaust survivors and victims of Nazi aggression. Nachas serves the Boro Park, Flatbush, Williamsburg and Bensonhurst areas of Brooklyn. It is estimated that more than 85% of the Jewish seniors in the Boro Park community alone are Holocaust survivors and 75% of the Jewish elderly in the other neighborhoods are survivors.

The youngest survivors are now in their early 60's. As they age, their experiences in the Holocaust tend to increase and intensify the usual burdens faced by the elderly, adversely affecting their physical and mental well-being. Severe deprivation and abuse suffered during the Holocaust has resulted in a host of post-traumatic syndrome disorders, both physical and mental. These physical and mental handicaps are often exacerbated by the increasing loneliness and isolation many of them feel. To further complicate matters, the lack of proficiency in English that is common among the European-born Holocaust survivors hinders them in understanding and utilizing medical and special Holocaust entitlement information. Cultural obstacles (limited television & internet) unique to the ultra-orthodox communities in the areas we serve also limit awareness of, and access to up-to-date medical services information.

The World Trade Center attack, the current Arab-Israeli crisis and the rise in anti-Semitism in Europe have impacted many Holocaust survivors who are now suffering relapses of the initial post-traumatic stress disorder they suffered after World War II. Holocaust survivors, who are particularly vulnerable to pictures of the terror attacks which are now being displayed daily in the media, are once again exposed to visual images of innocent victims being targeted for death simply because they are Jews. Further, the ongoing special Holocaust entitlement programs and class action cases on behalf of survivors has further deepened the emotional trauma many of our clients are currently suffering.

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Current Services & Events

Services for Seniors focus on three areas: Health Services, Social Services and Entitlements.

Our strength lies in our ability to network with international and national government offices, private foundations and legal entities as well as the Claims Conference itself to find the best solutions for each individual client. The specific programs are outlined in the programs below.

Health related services

Health Screenings

As a Healthcare Information and Referral Provider, Nachas arranges special programs and outreach screenings of medical testing for vision, glaucoma, audiology, osteoporosis, skin cancer, diabetes, high blood pressure, cholesterol, flu vaccinations and cervical and breast cancer. We assist those in need of follow up and secure for them the health care, assistance and entitlements they require.

Cancer Screening Programs

For many years, Nachas has been focusing on the issue of cancer information and detection. Epidemiologists and research scientists have documented a prevalence among Jews (particularly among women of Eastern European descent) towards a mutation of the BRCA1 and BRCA2 genes. This indicates a susceptibility to breast cancer that is far greater than the national average. The program has expanded to include other forms of cancer detection such as cervical cancer. Our screenings are held in non-clinical facilities within the respective communities. We take care to create a festive atmosphere and host these events in comfortable surroundings such as neighborhood restaurants.

Breast Cancer Screenings

Nachas Healthnet has continued to provide opportunities for women to take part in breast cancer screenings through mammography screenings and Clinical Breast Examinations (CBE), in non-medical settings. Educational information regarding breast cancer and its detection, including instruction for Breast Self-Exam (BSE) and the various treatment options is distributed. Nachas is a member of the Brooklyn Breast Health Partnership, and maintains a good working relationship with the Maimonides Medical Center to provide diagnostic and follow-up testing when needed. Properly licensed and regulated healthcare providers perform the actual mammography and clinical breast

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exams. Many of these women are part of the insular minority community. Therefore, it is essential that they be serviced by those who understand their cultural sensitivities and are able to provide an environment that encourages them to take part in this program. At the conclusion of each screening, those clients that need follow-up are notified and assistance is provided in securing appropriate medical referrals. We have expanded our services to include Far Rockaway where two screenings were conducted this past year.

Pap Smear Cervical Cancer Screenings

Nachas has made arrangements with a gynecologist to provide outreach Pap Smear Screenings at no cost to the participants. We employ the services of a female midwife as well as the primary male gynecologist to cater to the sensitivities of our clients. In addition to the planning that each Pap smear requires, our staff spends many hours each month following up with each of our clients. We mail out the reports from our office, speak to the doctors and follow up on any complications. We nurture our clients through what could otherwise be a frightening ordeal.

Vision & Audiology Screenings

Nachas is also active in providing audiology and vision screening to seniors in the neighborhoods we service. Local medical providers and technicians from the area hospitals, particularly the Maimonides Medical Center and the Staten Island University Hospital, coordinate this program. The program involves outreach to seniors and Holocaust Survivors who have not had their vision or hearing tested for glaucoma and other potential eye and ear problems. As follow-up to the screening process, local physicians and audiologists are recommended for additional care. Further, in the event that required care is not covered by a particular insurance or entitlement program, Nachas will either assist the client in securing payment for these treatments from their insurance providers or help the client locate a provider who will provide services at no cost.

Diabetes & Blood Pressure

There is a high incidence of diabetes and hypertension in the elderly Jewish population; therefore, the need for diabetes and blood pressure screenings is essential.

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Osteoporosis

Women suffer twice as many bone fractures as men. The older survivor is, the higher the risk. The greatest risk is if you are female, white, postmenopausal, older than sixty-five and have never had a bone density exam. Early detection is so very important. It may be possible to slow and reverse the progress of this disease. Postmenopausal women are given medical advice as to which medications and nutritional supplements are helpful to prevent medical conditions. For example, soy products such as tofu in the diet have been shown to be an effective guard against this condition. We offer nutritional counseling at our Women's Day of Health specifically for this problem.

Podiatry

A podiatry exam is a method of screening for diabetes. Fifteen percent of diabetes sufferers develop foot ulcers associated with nerve damage. Serious infection originating from a diabetic ulcer is the most common reason for amputations apart from trauma. Multi-disciplinary educational interventions to increase patients' knowledge about foot care, podiatry and therapeutic shoes, can improve the condition of the feet and help reduce ulcer and amputation rates.

Stroke Prevention

Early detection of clogged arteries is vital in stroke prevention. Nachas collaborates with the Vascular Department of Maimonides Medical Center to perform simple vascular screenings which can detect arterial problems. This early detection and follow-up treatment prevents the onset of a stroke. Our most recent newsletter featured an article on the importance of stroke screening as a method of early detection and prevention. Since then, several of our clients have been identified as "high-risk" and have, under their doctors' guidance, begun regiments of preventative measures. They credit the information they saw in our newsletter for potentially saving their lives.

Women's Day of Health

The Women's Day of Health is Nachas' hallmark event where all of our different health initiatives are brought together into one comprehensive experience. Medical personnel from numerous fields are available to conduct health screenings along with the usual mammography screening and Clinical Breast Examinations that Nachas facilitates throughout the year. There are two areas: one for screenings and the other for exhibits and fun & beauty.

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In the screenings area, tests for diabetes, cholesterol, high blood pressure, dermatology, vision and glucose levels are conducted. A cardiologist and a gynecologist are on hand to answer any individual questions. A licensed chiropractor demonstrates different exercises and gives information on the benefits of regular exercise.

A highlight of the affair is the "drug conflict" checks which are crucial for seniors who are seeing multiple medical professionals. Their specialists often prescribe multiple medications which can interact in a toxic manner. As an incentive, a free gift is given to those who bring their medications along with them.

Medical equipment and supplies are put on display for demonstration purposes. A vitamin company sends a knowledgeable representative who addresses nutrition concerns and distributes appropriate free samples, such as an osteoporosis vitamin complex. There are reparations experts from the Claims Conference and law offices specializing in Survivor Entitlements are on hand to answer questions. For fun, we have a beautician, a wig stylist, a manicurist and, when available, a physical therapist. Typically, participants leave our events with a sweet taste in their mouths.

Referrals & Networking

We have networked with state and local agencies to ensure that needy survivors' basic living needs are met. We have assisted impoverished survivors with funds for medications, doctor visits, food packages, flu vaccines, eye glasses, hearing aids, smoke alarms, medical alert buttons.

Due to our extensive experience with our seniors, we are aware that many of our senior clients, because of illness and frailty, have problems attending to simple daily chores and personal hygiene. Nachas works with two other health oriented companies in order to better serve our clientele and help provide them with the widest possible range of medical goods and services.

Health Equipment Referrals

We work with companies in order to help supply medical equipment, such as canes and wheelchairs and similar equipment, for clients with Medicaid coverage. Nachas works closely with the individual doctor and supply company to ensure the survivor receives the proper equipment and follows closely to guarantee timely delivery and installation. However, various medical equipment is not available for clients with only Medicare coverage. We also help people obtain medical alert buttons. This too proves to be a problem for clients without Medicaid coverage.

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Legally Blind Client Assistance

Nachas exhibits materials from the Jewish Heritage for the Blind (i.e., Megillat Esther, Passover Haggadas, etc.) at each of our fairs. Those who are interested in these free materials can sign up at our events for shipment of the materials to their home

Home Care Referrals

Nachas also works with home care agencies to arrange long-term home health aids for our clients who require this service. We have even been able to secure these services for our Medicare clients (Medicare generally does not pay for long term home health aids). In many cases, we advise and assist clients to apply for Medicaid so that they can receive even more hours of home attendant services

Regularly Scheduled Light Aerobic Exercise Programs

Nachas offers light aerobic exercise classes every week. A trained physical education instructor leads the class. This is one of our most popular and well attended programs. Scientific research has shown that even moderate physical exercise is an effective counter-measure against depression and helps maintain physical health and wards off many disease conditions, especially heart disease.

Social Services

Regularly scheduled Support Groups

Nachas currently maintains five support groups that assist the Holocaust survivors in dealing with the issues they face on a daily basis. These support groups are guided by trained professionals. They meet regularly to help participants alleviate various levels of stress and post-traumatic syndrome related to their experience in the Holocaust. It should be noted that much of this experience is being relived as a result of the ongoing Holocaust special entitlement programs, and class action cases on behalf of survivors. After the September 11th attacks, demand for our support groups increased to the extent that we now conduct two women's groups in two areas of Boro Park and two groups in Flatbush and one men's group in Boro Park.

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Although Holocaust survivors are not alone among those struggling to cope with the onslaught of terror, they remain among the most vulnerable. In addition to our own support groups, Nachas has partnered with facilitators of Project Liberty to address the needs of victims of the September 11 terror attack, as well as those indirectly affected by these traumatic events. Those clients who need more intensive counseling were referred to Interboro Developmental Center.

Day of Remembrance

On May 7, 2003, Nachas organized a Day of Remembrance in Boro Park. In May 1944, the Nazis transported the Hungarian Jews to Auschwitz. The event was attended by nearly 500 people. New York City Councilman Simcha Felder introduced Rabbi Reich to recite a prayer for the dead. Lieutenant Meyer Birnbaum, our main speaker, was one of the American soldiers who liberated the concentration camp at Buchenwald. He moved the audience to tears as he described what he saw and experienced at that time. The Hungarian Gold Train Class Action Suit was discussed by an attorney which prompted many, many questions regarding eligibility for compensation. Shmuel ben Eliezer, a columnist for The Jewish Press, provided a very interesting exhibit of photographs, documents and artifacts from Poland before and during the war that was appreciated by everyone. Shmuel also wrote a very nice article about the event in The Jewish Press. See the Appendices. Each participant received free tickets to a special showing of the film "The Pianist" at Brooklyn College provided by New York State Assemblyman Dov Hikind.

Entitlement Assistance Services

The Survivors have come to know Nachas very well over the years since many of them have received services such as health screenings or benefited from a variety of Nachas sponsored programs. Thanks to the strong relationship forged over the years between the survivors and the Nachas staff, our clients have made Nachas their first choice to turn to with their entitlement dilemmas. Our satisfied clientele has spread Nachas' reputation by word-of-mouth and, as a result, the number of Holocaust survivors we serve grows continually.

At Nachas, we believe strongly that assessment and case management services are key points of contact between informal and formal services, establishing the basis for ongoing communication, partnership, and creative problem solving.

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When a survivor's BEG check does not arrive from Germany on time, Nachas is the address to which the survivors turn for help. As new class-action and related Holocaust settlements are announced, survivors continue to seek clarification, information and assistance from us, and we continue to come through for all who seek our help. At Nachas, the application process doesn't end with filling out the forms. We go to great lengths to ensure that our clients receive full compensation.

Case Management Assistance

The entitlements fall into two categories, Holocaust Reparations and US Social Services Entitlements.

Nachas assists senior Holocaust survivors with various information and clarification regarding Holocaust entitlement programs - Claims Conference administered programs (Article 2, Hardship Fund, Swiss Banks Claims, Austrian claims, Slave Labor, Austrian Reconciliation), Holocaust Era Insurance Policy, Ghetto Social Security, Hungarian Gold Train Class Action Suit, , and various compensations from countries throughout Europe.

As each new Notice of Settlement appears in the newspapers and applications are received in the mail, Nachas is inundated with survivors seeking assistance in filling out the numerous forms required by these settlement programs. Given the amount of paperwork these programs require and the bureaucratic obstacles that must be navigated, the process of enrollment can be both confusing and intimidating for them. Nachas has been at the forefront of any new reparations programs that have come our, both researching the application and help eligible survivors navigate the process. We have even brought special consultants to help the survivors - law students from NYU, Cardoza and employees from the Claims Conference.

To date, we have helped thousands of survivors recover thousands of dollars that they rightfully deserve.

Nachas has engaged a social worker who assists the survivors in obtaining entitlements provided by the United States government. These people have worked their entire lives and many are not aware that such entitlements exist. These entitlements include Medicare, Medicaid, SSI-Supplementary Social Income, food stamps, Section 8 housing. Although many of our clients do have Medicare, they are not aware that they are also eligible for Medicaid and its additional benefits (prescription plans, home care, medical equipment). Nachas assists them to transfer from Medicare to Medicaid.

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Holocaust Information Newsletters

We publish a semi-annual newsletter filled with information about the latest developments regarding Reparations programs. (See Exhibits)

Nachas Challenged Bank Processing Fees - 2001

Nachas caseworkers deal personally with hundreds of Holocaust survivors on a weekly basis and as such have heard the same complaint time and time again - "Banks are charging fees for wire transfers of reparation payments". These fees turned out to be quite costly for the elderly Holocaust survivors. Last year, in an effort to reverse this policy, Nachas approached the office of Assemblyman Dov Hikind for political intervention. He and his staff together with the Nachas staff were able to convince the banks to waive these charges. Unfortunately, this struggle, in various forms, still continues and Nachas has remained at the forefront of the effort to keep banks from charging Holocaust survivors a fee for the wire transfers of their Reparations payments.

Identification & Outreach

Nachas utilizes various means of promoting our services to the community. These include publication in English, Russian, Yiddish and Hebrew newspapers, direct mail and distributed flyers. At each new health fair or event, we attract new clients who tell their friends and family members of our services. We also network with other organizations and educational facilities. We hope that the new web site will also help in this regard.

Through the assistance of the Claims Conference grant, we have established a database of elderly clients and Holocaust survivors who have been helped or requested our services. This database is growing and being developed further. It can help identify clients for specific needs or referrals. The data categories currently include age, country of origin, type of Holocaust experience (concentration camp/slave labor camp, etc.). This information permits Nachas to offer programs (outreach, screening or other) to those clients who have expressed interest, better serving the individual needs of each client.

Nachas has working relationships with medical consultants for many of our health services. These include consultants from Columbia University, New York University, psychologists, geriatric social workers and strategic consultants as well as health care providers from Maimonides Medical Center and private medical practitioners.

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The N.Y. Times has reported that N.Y.C. has the largest group of survivors in any city in the world. According to the claims conference, there were 180,000 survivors who applied for slave labor reparations worldwide. Over 37,000 Holocaust survivors in N.Y. State were registered with the National Holocaust Museum as of 2001, and a great majority were from N.Y.C. Considering that not all survivors registered with the Museum and that a percentage of the survivors are deceased since 2001, we can assume that in N.Y.C. there are about 30,000 survivors.

In N.Y.C., the average income of a single survivor is approximately \$17,500 and 24,000 for a couple. This is based on research from our database of over 6,000 survivors and statistical data given to our agency by providers of services to Nazi victims. Obviously, with most survivors having the "special" needs of the elderly, those with average or below average income certainly cannot manage on their income alone. The sources for this statistical information are taken from our own database of survivors and their estimated income, and other organizations research. The survivor population in N.Y.C. suffers from more poverty than the general population groups in the U.S. because of the expenses in living in the city (i.e. rent, utility, and other expenses), which total to a higher cost of living while Jewish survivors who eat kosher, have even higher food expenses. Nachas healths' focus is particularly to these Nazi victims.

Problems and Issues

Many of the Nazi victims fall through the cracks of social safety nets and are ineligible for many entitlement programs because of Social Security income and/or owning a home or having minimal savings. They are not entitled to Medicaid, Food Stamps, housing assistance, etc.

Medical Care

In the U.S., Nazi victims are over 60 years of age and older. These individuals are primarily covered by Medicare coverage, which has a monthly premium for individuals without Medicaid, limited or no prescription coverage, deductibles and 20% coinsurance payments.

Those with medicare payment exceed medicad income gudelines yet have limited fund.

As far as social safety nets for medical needs, many of our Holocaust survivor clients are not eligible for Medicaid because they own homes. They are also not eligible for Family Health Plus because the program is only for people under 64 years of age, and survivors are almost always above that age.

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As far as special emergency assistance funds for survivors, many times medical needs are not met because there are limited amounts for each survivor and medical needs are diluted by requests for other emergency aid by each survivor. Medical experts estimate and gerontologists believe, that survivors living at present, will be an average of the mid eighties.

Those with limited funds' yet above medicare eligib

Home Care

Homecare for the infirm is another area where Medicare approves very limited hours or none at all for a limited number of weeks depending on the condition of the patient upon discharge from the hospital. It is often obvious that the frail or infirm Nazi victim needs ongoing assistance with personal care and housekeeping assistance.

Nachas tries to assist these clients if possible to obtain Medicaid.

Up to date medical equipment is not available under Medicare and survivors come to our offices regularly to seek funds to pay for this new technology equipment (i.e. electric chair rails, electric recliners, and head grips for showers to name a few).

Cleaning Assistance

Most needy survivors cannot afford to pay for cleaning assistance once or twice a week for several hours. Assistance in cleaning the house therefore, becomes a necessity due to the survivors' age and frailty.

Food Packages

Based on our knowledge of local survivor beneficiary needs, there is an important need to supplement the local meals on wheels with food packages for the needy so that they can have nutritious food for all three meals daily.

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Basic Living Expenses

Due to the high living costs in the N.Y.C. area, needy survivors cannot afford to pay for high utility bills or rental costs. Social safety nets are limited and tenants can only get rental assistance after they get a dispossessed order, thus putting the elderly needy in a very uncomfortable position.

Home Visitation

Many survivors are homebound and often lonely thereby necessitating home visitation. This is even more so for needy survivors who have economic pressures and need an outlet to discuss their problems and possibly hear some suggestions from their visitors.

Transportation

The need for reliable and punctual transportation for needy survivors is far from adequately addressed through current contractors for the N.Y.C. Department of Aging. Generally, our elderly clients report that they do not arrive on time, are not reliable for timely appointments, and often require significant waiting times for pick-up to return home. These individuals also have difficulty getting to stores for food, medical, and household necessities.

Health Screenings

Needy survivors do not have the resources to get timely health screenings such as osteoporosis, mammographs, and pap smears. NACHAS has partially addressed this issue through its various health outreach programs, but it is still an area of concern and need for our frail and aging Holocaust survivor population..

Case Management

There is a special need for case management for needy survivors. With the different entitlements available to the elderly survivors, case managers are needed to assist survivors to identify and apply for these entitlements. In addition there is a need for assistance to the needy survivors with life's daily challenges. Although the "Claims

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Conference” has supported several organizations to do case management, there are expected cutbacks over the next few years due to the lack of funds. As the Nazi victims become more aged, there is a greater need for this vital service.

Telephone Reassurance

There are many lonely widowed survivors who live alone and many who are homebound and just need a morning phone call to discuss with them how they are doing and whether they have food and other basic necessities.

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New Program Summary and Objectives:

This new program will make it possible for Nachas to expand its humanitarian aid to Nazi victims in the Metropolitan New York area by providing additional medical and social services programs to address the following specific identified gaps in services available to these survivors over a ten year period in order to ensure that frail and aging population.

Program Description

NACHAS Health services related to and medical insurance coverage. Our proposal seeks to subsidize these costs and assist the Nazi victims as much as possible.

A. Medical Assistance

In order to assist individuals who are living in marginal poverty and are not eligible for Medicaid services:

1. Medicare Part B Insurance assistance of \$300 per person annually for Medicare Part B Insurance premium (approximately 50% of annual premium cost). A cost of \$300 per survivor for 600 recipient annually will create a total of 6000 recipient slots for an annual cost of \$180,000 over ten years for an estimated cost of \$1,800,000
2. Medigap payments for Nazi victims who earn minimally extra income above Medicaid income guidelines, Nachas will pay to Medicaid an average \$800 annually per recipient for surplus payments with a maximum of a \$1000 annually. This will benefit the client that he will have medical coverage such as - prescription, home care and medical equipment. This will be for 300 recipients annually which will total 3000 recipient slots over a ten year period This project will cost \$240,000 annually, and over a ten year period the cost will be \$2,400,000.
3. Medical equipment to enhance quality of life and increase mobility for frail Nazi victims. An average of \$1500 per recipient for 250 recipients annually for an annual cost of \$375,000 over ten years for an estimated cost of \$3,750,000.

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1.5 FTE caseworkers will provide case management services to 2000 recipient requests annually at a cost of \$60,000 per year over ten years for an estimated cost of \$ 600,000

B. Home Care

To provide subsidies for frail and infirm Nazi victims for personal hygiene needs and housekeeping assistance.

\$11 an hour in 2004 dollars for providers with an annual cap of \$ 3600.00 for each nazi victims. An average of \$3600 per survivor for at least 300 recipients annually for an annual cost of \$1,080,000 and will create a total of at least 3000 recipient slots over ten years for an estimated cost of \$10,800,000.

C. Case Management Services for Nazi Victims

Caseworkers to provide Nazi victims with emotional support and assistance in qualifying for various entitlement programs. Two FTE caseworkers will provide case management services to 700 recipients annually at a cost of \$80,000 per year over ten years for an estimated cost of \$800,000.

D. Phone Reassurance Program

Two .5 FTE's will provide 400 recipients with regular morning phone calls at a cost of \$30,000 per year over ten years for an estimated cost of \$300,000.

Total Direct Expenses	Annual	Ten Years
Medical Assistance	\$ 795,000	\$7, 950,00
Home Care	1,080,000	10,800,000
Case Management	800,000	8,000,000
Phone Reassurance	<u>30,000</u>	<u>300,000</u>
	\$ 2,705,000	\$27, 050,000

Administrative expenses include rent, telephone, insurance, transportation, equipment, supplies as well as supervisory, administrative and secretarial support.

Nachas Health & Family Network, Inc.

1310 48th Street, Brooklyn NY tel: 718.436.7373 fax: 718.346.3115 email: nachashealth@aol

These indirect expenses are estimated at 10% of actual total direct expenses for a total of \$270,500 per year.

Programmatic and Fiscal Assurances

In order to ensure appropriate allocation of assistance to individuals, there will be an application process that requires submission of related documentation of income, assets, and needs. A confidential file will be kept for each request and every application meeting requirements for need will be reviewed by a committee of community leaders to determine level of need and distribution of funds.

An umbrella organization such as the Claims Conference for German Reparations or Agudath Israel will be our fiscal agent and will disburse funds on a quarterly basis. NACHAS Health will provide detailed annual reporting and confidential case files will be available for audit and review by the fiscal agent.

5. NACHAS Humanitarian Aid Experience

NACHAS Health has received funds from private grants and the Claims Conference for medical procedures when required for Nazi victims.

NACHAS Health has also networked with over forty medical assistance agencies who focus on the Jewish community to provide urgent funds for medical assistance.

NACHAS networks with a wide range of physicians to arrange free and low cost medical care.

NACHAS has arranged respite care for sick and recovering individuals.

NACHAS, as part of its health promotion outreach program, has provided well over a thousand car seats, bicycle helmets, and smoke detectors to families in our community.

NACHAS has arranged for prenatal care for over 6,000 uninsured women and pediatric insurance coverage for thousands of children.

NACHAS has worked with local vendors to supply food to needy families in times of crisis.

Nachas Health & Family Network, Inc.

1310 48th Street, Brooklyn NY tel: 718.436.7373 fax: 718.346.3115 email: nachashealth@aol

See Appendix for listing of Organizations.

6. Pinchus Horowitz, Executive Director
1218 52nd St
Brooklyn, NY 11219

Rabbi of Kehal Yeraim Chust of Boro Park
President, Interborough Developmental Center
Member, Community Board of Jewish Hospice of Metropolitan Jewish Geriatric
Center

Audited Financial Statement

We have annexed the Independent Auditors Report for the fiscal year 2003 (July 1, 2002 to June 30, 2003) as an exhibit.

Actual Services January 2002 - June 2003

Social Services				
Case Management Entitlements Assistance				
Four entitlements counseling sessions are led by Mrs. Steinmetz, CSW (Certified Social Worker) each month				
Entitlement		clients assisted	time per client	
Arthritis forms		5	½ hour	
Austrian Class Action		123	½ hour	
Medical Alert Buttons		70	½ hour	
Claims Conference Administered Programs (Article II, Hardship, Slave Labor)		3500	½ hour to one hour	
EPIC / Medicare / Medicaid		225	½ hour	
Food Stamps, housing, etc		91	½ hour	
Ghetto Social Security		250	½ hour	
Holocaust Era Insurance Policy		41	½ hour	
Home care referrals		130	45 minutes	
Hungarian Class Action		125	½ hour	
Medical supplies referrals		75	½ hour	
Wiedergutmachen followup		75	½ hour	
Support Groups		sessions	cumulative client/meetings	session duration
Men		61	199	2 hours
Women		102	1483	1 hour

("Cumulative client / meetings" means counting each client at each meeting)

C. Actual Health Screenings (1/2002 - 6/2003)

Summary of Actual and Projected Special Programs & Services to Seniors & Holocaust Survivors for the current Calendar Year 2003 (January 1, 2003 through December 31, 2003).

Pap Smears		
Community	Date	Number
Boro Park	January 23, 2002	33
Boro Park	January 31, 2002	30
Boro Park	February 20, 2002	30
Boro Park	April 17, 2002	30
Boro Park	June 10, 2002	20
Boro Park	June 19, 2002	20
Boro Park	August 20, 2002	20
Boro Park	October 21, 2002	22
Boro Park	October 23, 2002	20
Boro Park	November 18, 2002	22
Boro Park	November 20, 2002	22
Boro Park	January 27, 2003	16
Boro Park	January 29, 2003	18
Boro Park	March 12, 2003	15

Vision & Audiology			
Community	Date	Vision	Audio
Flatbush	January 20, 2002	40	40
Boro Park	April 29, 2002	49	--
Boro Park	June 19, 2002	--	42

Mammography & CBE			
Community	Date	Mammography	CBE
Boro Park	January 9, 2002	36	36
Boro Park	January 28, 2002	46	46
Boro Park	February 7, 2002	22	22
Boro Park	February 28, 2002	19	19
Boro Park	April 30, 2002	35	35
Boro Park	July 10, 2002	38	38
Boro Park	August 7, 2002	27	27
Boro Park	August 21, 2002	30	30
Boro Park	November 13, 2002	39	39
Boro Park	December 4, 2002	26	26
Far Rockaway	January 14, 2003	16	16
Far Rockaway	January 15, 2003	15	15
Boro Park	January 22, 2003	15	15
Boro Park	January 30, 2003	26	26
Boro Park	February 12, 2003	23	23
Boro Park	February 27, 2003	28	28

Cardiologist		
Boro Park	April 29, 2002	34
Podiatry		
Boro Park	April 29, 2002	23
Dermatology		
Boro Park	April 29, 2002	39
Chiropractics		
Boro Park	April 29, 2002	29
Drug Conflict Checks		
Boro Park	April 29, 2002	321
Blood Pressure		
Boro Park	June 19, 2002	60
Flu Vaccinations		
Boro Park	November 13, 2002	100
Osteoporosis Screening		
Boro Park	June 19, 2002	59
Boro Park	November 13, 2002	70

D. Projected Services for Seniors & Survivors (1/2004 - 12/2004)

Programs	classes	clients expected
Support Groups	200	2500
Exercise Classes	75	1000
Simcha Dancing	40	1000
Meditation & Yoga	20	200
Therapeutic Art Class	20	400
Introduction to computers / Internet	10	50

Entitlements	clients expected
Case Management	4000
Mental Health Counseling	300
Daily Living Assistance (Home Health Aids)	1000
Prescription Drug Benefits	600
Medical Referrals	600
Medical Equipment	400
Medical Alert Buttons	300

Health Screenings	sessions	clients expected
Vision Screening	5	250
Audiology Screening	5	250
Mammography Screening	20	700
Clinical Breast Exam	20	700
Pap smear	20	500
Diabetes Screening	1	100
Skin Cancer Screening	4	200
High Blood Pressure Screening	10	500
Osteoporosis	5	650
Podiatry	2	40
Dentistry	2	60
Stroke Prevention Outreach	2	300

Information and Education	sessions	clients expected
Holocaust Survivors Symposium	1	700
Health Education/Nutritional Seminar	2	300
Holocaust Legal and Reparation Information	2	1000
Women's Day of Health	2	800

Distribution of Material	pieces distributed
Holocaust Health Information Newsletter	8000
Social Security Update/Medicare/Prescription Update	600
Medical Information Brochures	3000
Jewish Large Print Books from Heritage of the Blind	300

NACHAS HEALTH AND FAMILY NETWORK, INC.

(FORMERLY NACHAS HEALTHNET, INC.)

FINANCIAL STATEMENTS

JUNE 30, 2003

NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
JUNE 30, 2003

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Statement of Net Assets	4
Statement of Cash Flows	5
Notes to Financial Statements	6-7

Isaac J. Baum

Certified Public Accountant

409 Avenue N, Brooklyn, N.Y. 11230-5602

Tel: (718) 645-2341

Fax: (718) 376-7221

INDEPENDENT AUDITOR'S REPORT

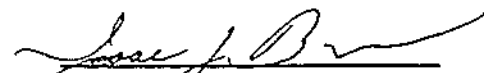
To the Board of Trustees of
Nachas Health and Family Network, Inc.
1310 48th Street
Brooklyn, New York 11219

I have audited the accompanying statement of financial position of Nachas Health and Family Network, Inc. (a nonprofit corporation) as of June 30, 2003 and the related statements of activities, net assets, and of cash flows for the year then ended. These financial statements are the responsibility of the entity's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with generally accepted auditing standards. Those standards require that I plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. I believe that my audit provides a reasonable basis for my opinion.

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Nachas Health and Family Network, Inc. as of June 30, 2003, and the results of its activities, and the statements of changes in net assets and cash flows for the year then ended in conformity with generally accepted accounting principles.

Respectfully submitted,



Isaac J. Baum
Certified Public Accountant

Brooklyn, New York
December 4, 2003

**NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
STATEMENT OF FINANCIAL POSITION
AS AT JUNE 30, 2003**

ASSETS

Current Assets:		\$25,675
Cash		<u>174,369</u>
Grants receivable (Note B)		
Total Current Assets		200,044
Fixed Assets:		
Furniture and equipment (Note C)	\$15,460	
Less: Accumulated depreciation	<u>11,127</u>	
Total Fixed Assets		4,333
Other Assets:		
Security deposit		<u>1,300</u>
TOTAL		<u>\$205,677</u>

LIABILITIES AND FUND BALANCE

Current Liabilities:		\$71,921
Accounts and accrued expenses payable		17,110
Loans payable (Note D)		<u>24,448</u>
Payroll taxes payable		
Total Current Liabilities		113,479
Net Assets		<u>92,198</u>
TOTAL		<u>\$205,677</u>

Attention is directed to the foregoing accountant's report
and to the accompanying notes to the financial statements.

**NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
STATEMENT OF ACTIVITIES
FOR THE YEAR ENDED JUNE 30, 2003**

Revenues:

Governmental grants	\$190,355
Non-governmental grants (Note E)	335,916
Contributions	<u>34,403</u>
Total Income	<u>560,674</u>

Expenses:

Employee compensation and fringe benefits	357,037
Consultants	5,150
Payroll taxes	36,377
Accounting and bookkeeping	6,914
Program publicity, advertising and promotion	4,599
Rent	19,200
Direct program service costs	49,172
Telephone and utilities	12,679
Office supplies and expenses	7,742
Printing and publications	3,544
Postage and delivery	4,877
Insurance	4,251
Interest and bank charges	866
Equipment rental	5,050
Repairs, maintenance, and cleaning	10,013
Depreciation (Note C)	<u>3,416</u>
Total Operating Expenses	<u>530,887</u>

CHANGE IN NET ASSETS

\$29,787

Attention is directed to the foregoing accountant's report
and to the accompanying notes to the financial statements.

**NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
STATEMENT OF NET ASSETS
FOR THE YEAR ENDED JUNE 30, 2003**

Net Assets - July 1, 2002	\$62,411
Plus: Change in Assets	<u>29,787</u>
Net Assets - June 30, 2003	<u>\$92,198</u>

Attention is directed to the foregoing accountant's report
and to the accompanying notes to the financial statements.

**NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED JUNE 30, 2003**

CASH FLOWS FROM OPERATING ACTIVITIES:		
Change in net assets		\$29,787
Adjustment to reconcile change in net assets to net cash used for operating activities:		
Depreciation		3,416
Changes in operating assets and liabilities:		
(Increase) in accounts receivable	(25,422)	
(Increase) in security deposit	(1,150)	
Increase in accounts and accrued expenses payable	15,069	
(Decrease) in payroll taxes payable	<u>(3,516)</u>	<u>(15,019)</u>
NET CASH PROVIDED BY OPERATING ACTIVITIES		18,184
CASH FLOWS PROVIDED BY FINANCING ACTIVITIES		
Increase in loans payable		<u>400</u>
NET INCREASE IN CASH		18,584
CASH AT BEGINNING OF YEAR - JULY 1, 2002		7,091
CASH AT END OF YEAR - JUNE 30, 2003		<u>\$25,675</u>

Attention is directed to the foregoing accountant's report and to the accompanying notes to the financial statements.

**NACHAS HEALTH AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
NOTES TO FINANCIAL STATEMENT
JUNE 30, 2003**

NOTE A - THE COMPANY

Nachas Healthnet, Inc. was organized and began operating as a not for profit organization in July 1990. In August, 2002, Nachas Healthnet, Inc. had to change its name to avoid any infringement on the "Healthnet" name as it is being used by another organization in California providing similar services. Nachas Health and Family Network, Inc. (Nachas) is a community based health service organization primarily serving the medically underserved and immigrant Jewish population of Brooklyn, New York with a special focus on issues of women and children's health.

Nachas provides health education and awareness programs and coordinates outreach health screenings programs for audiology, vision, skin cancer, osteoporosis, diabetes, thyroid, cholesterol, blood pressure, breast cancer prevention, (Mammography, Clinical Breast Exams), along with immunizations and tracking, for all ages, including casework follow-up where required. In addition, Nachas assists in securing various healthcare fulfillment (CHP, Medicare, Medicare Part B, and Medicaid).

Nachas provides essential social and health services to seniors with an emphasis on Holocaust survivors including health screenings and referral. Nachas also provides assistance with processing for various Holocaust claims and senior entitlements along with conducting support groups.

Funding is provided by the governmental and non-governmental grants and private contributions.

Use of Estimates:

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect certain reported amounts and disclosures. Accordingly, actual results could differ from those estimates.

NOTE B - GRANTS RECEIVABLE

Accounts receivable at June 30, 2003 represent the following components:

State of New York, Department of Health	\$ 90,198
NYC Dept. of Youth and Community Development	1,574
Metropolitan Council on Jewish Poverty	42,272
Claims Conference for former Slave and Forced Labor	37,500
Miscellaneous	<u>2,825</u>
TOTAL	<u>\$174,369</u>

Management considers all accounts receivable fully collectible.

NACHAS HEALTHNET AND FAMILY NETWORK, INC.
(FORMERLY NACHAS HEALTHNET, INC.)
NOTES TO FINANCIAL STATEMENT
JUNE 30, 2003

NOTE C – FIXED ASSETS

Furniture and equipment are carried at cost. Depreciation is computed using the straight - line method. When assets are retired or otherwise disposed of, the cost and related accumulated depreciation are removed from the accounts and the resulting gain or loss is recognized in income for the period. The cost of maintenance and repairs is charged to operations as incurred.

Depreciation charged to operations for the year ended June 30, 2003 aggregated \$3,416.

NOTE D – RELATED PARTY TRANSACTION

Included in loans payable of \$17,110 is the amount of \$10,420 which is payable to the Company's executive director from whom the Company borrows funds as needed. There is no interest charged on such loans.

NOTE E – GRANTS

In the current year, Nachas received government grants from the State of New York - Department of Health, New York City Department of Youth and Community Development, and from the Department of Aging.

Nachas also received non-governmental grants from the following organizations:

Conference on Jewish Material Claims Against Germany – special services for senior and Holocaust survivors	\$150,000
Metropolitan Council on Jewish Poverty	144,832
Amdec Foundation	30,174
Miscellaneous	<u>10,910</u>
Total	<u>\$335,916</u>

NOTE F – TAX EXEMPT STATUS

Nachas is registered under the Internal Revenue Code - Section 501 (c) (3) and is exempt from all Federal, State and City income taxes.



THE ASSEMBLY
STATE OF NEW YORK
ALBANY

DOV HIKIND
Assemblyman 48th District

DEPUTY
MAJORITY WHIP

PLEASE REPLY TO:
 DISTRICT OFFICE
1310 48th Street
Brooklyn, New York 11219
(718) 853-9616

Room 551
Legislative Office Building
Albany, New York 12248
(518) 455-5721

January 29, 2004

The Honorable Edward R. Korman
United States District Court
The Eastern District of New York
United States Courthouse
225 Cadman Plaza East
Brooklyn, New York 11201

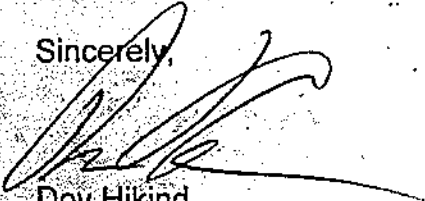
Dear Judge Korman:

I represent the 48th Assembly District in Brooklyn, home to the world's largest contingent of Holocaust survivors. Though all elderly people become vulnerable as time takes its toll on their health and strength, this axiom can be squared when pertaining to Holocaust survivors, whose horrific experiences make them many times more defenseless.

If not for the services of a most unique and blessed organization, Nachas Healthnet, our surviving seniors would be in a truly hapless position. Nachas staunchly fills the gap in services in a modest yet highly committed manner, without fanfare, thereby actually saving and prolonging lives. Nachas Healthnet does counseling, medical screening, helps with filing for reparation funds and all other client-bewildering essentials. The Nachas people were instrumental in pointing out to me the need to have banks waive transfer fees for reparation payments, which effort proved to be highly successful.

Now that survivors are growing older and frailer, even more services are needed. Nachas Healthnet is an absolutely invaluable resource in this community.

Sincerely,



Dov Hikind
Member of Assembly

DH/hw

List of Organizations Assisting with Medical Care

Abramowitz, Feivel Flatbush Nefesh Chaya Tiferes Yosef	Goldstein, Malka Adas Yereim
Balin, Doug Sefardic Bikur Cholim	Grossman, David Bikur Cholim of Boro Park
Berman, Shuky Ezra L'Marpeh	Grossman, Judith Neshei Ahavas Chesed
Bodek, Chumle Caring & Sharing	Hirshberg, Renee Neshei Ahavas Chesed
Bodner, Jill Staten Island Bikur Cholim/Rena Veyeshua	Horowitz, Pinchos D. Nachas Health Net
Buxbaum, Daniella Refuah Fund/N'shei Agudah Women	Mrs. Indig Bensonhurst/Hani Salamon Ahavas Chesed
Egert, Pearl Neshei Ahavas Chesed	Rebbitzen Israel Boro Park Bikur Cholim
Feig, Frieda Kosonier Bikur Cholim	Mrs. Jacobowitz Washington Heights Bikur Cholim
Fleischer, Yitzchok Bobov Pasha Elias Bikur Cholim	Mrs. Kahan Mt. Sinai Bikur Cholim
Rebbitzen Frankel Satmar Flatbush Bikur Cholim	Kahan, Devorah Flatbush Nefesh Chaya Tiferes Yosef
Fried, Mindy Staten Island Bikur Cholim/Rena Veyeshua	Mrs. Klein Munkates Bikur Cholim
Rebbitzen Friedlander Lisker Bikur Cholim	Leshkowitz, Leah Satmar Boro Park Bikur Cholim
Friedman, Herb Met Council on Jewish Poverty	Lieder, Avrohom Ahavas Chesed
Friedman, Hindy Satmar Boro Park Bikur Cholim	Lipschutz, Gertrude Washington Heights Bikur Cholim
Gans, Manfred Queens Vaad Harabonim	Lowy, Chana Malka Neshei Ahavas Chesed
Gold, Nechie Refuah Fund/N'shei Agudah Women	Lubinsky, Menachem Met Council on Jewish Poverty
Goldberg, Zev Queens Bikur Cholim	Lubling, Miriam Rivka Laufer Bikur Cholim

Lustig, Itu Crown Heights Chaya Mushka Bikur Cholim	Schrieber, Yitzchok Far Rockaway
Markowitz, Yitu Satmar Boro Park Bikur Cholim	Schwartz, Jacob Satmar Williamsburg Bikur Cholim
Neiman, Judy Bnos Chayil Bikur Cholim	Steinharter, Shmuel Boro Park Bikur Cholim
Ostreicher, Shimon Monsey Bikur Cholim	Steinmetz, Devorah Crown Heights Chaya Mushka Bikur Cholim
Papier, Faigy Zichron Shlomo Refuah Fund/Cancer	Sternberg, Millie Satmar Flatbush Bikur Cholim
Pikus, Yechezkel COJO of Flatbush	Thau, Gittle Flatbush Nefesh Chaya Tiferes Yosef
Pinter, Pearl Rivka Laufer Bikur Cholim	Tranin, Issac Coordinating Council on Bikur Cholim
Prager, Helen Queens Bikur Cholim	Warman, Jeane Womans League Community Service
Rapfogel, William E. Met Council on Jewish Poverty	Weinstock, Faigy Satmar Boro Park Bikur Cholim
Reisman, Marilyn Kosonier Bikur Cholim	Rebbitzen M. Weiss Manhattan Bikur Cholim
Rosenstock, Sophie Gemilath Chesed of Greater New York	Weissman, Rena Bnos Chayil Bikur Cholim
Rothschild, Doris Washington Heights Bikur Cholim	Rabbi Weitz ECHO/Medical Referral
Rottenberg, Rechel Kosonier Bikur Cholim	Wieder, Miriam Klausenberg Bikur Cholim
Savitz, Miriam Flatbush Nefesh Chaya Tiferes Yosef	Wise, Shifra Bnos Agudath Bikur Cholim
Scharf, Esther Nash Kestenbaum/Long Beach Bikur Cholim	Ziegler, Raizy Zichron Shlomo Refuah Fund/Cancer
Scharf, Shifra Bobov Pesha Elias Bikur Cholim	Zucker, Chaya Flatbush Nefesh Chaya Tiferes Yosef
Schnitzler, Meyer M.R.A./Medical Referral	Mrs. Zwiebel Bobov Pesha Elias Bikur Cholim H 718 633-2945 B 718 871-3726



ANNOUNCING OUR NEW NAME!

We are pleased to announce that Nachas Healthnet now has a new name - Nachas Health and Family Network. The name reflects our commitment to families and individuals in our community. But we're still Nachas - and it's still our pleasure to serve you.

THE NEWSLETTER REPORTING FOR ALL AGES

VOLUME 3 DEC. 2003

WOMEN'S DAY OF HEALTH



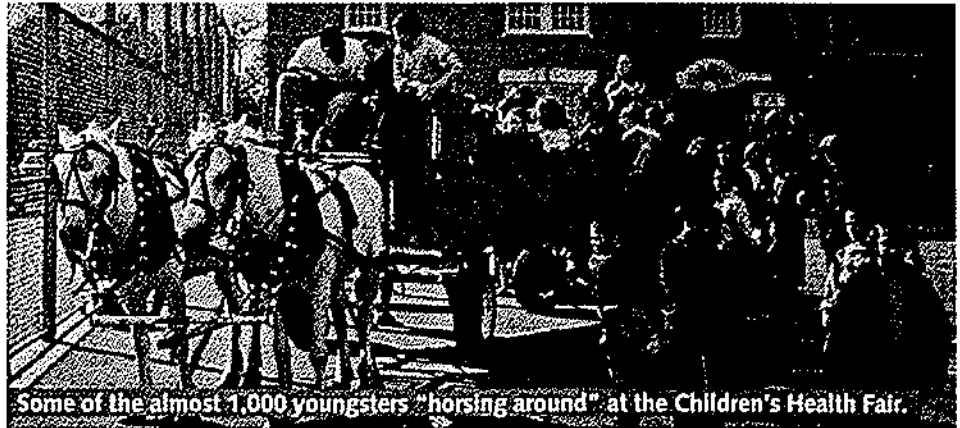
Blood pressure - just one of the many services made available on Women's Day.

Most people don't look forward to health screenings. But hundreds of women in Boro Park eagerly await Nachas' regular screening events. The bi-annual Nachas Women's Day of Health brings all of Nachas' health screenings under one roof. It is an all-in-one affair dedicated to women's health and well-being. It is also an opportunity to meet friends and be pampered - and, of course, to finally get those all-important, oft-neglected health screenings.

The last Women's Day of Health took place on November 11, in the Armon Terrace, in Boro Park, Brooklyn. Hundreds of women attended. They were able to receive mammograms, set up appointments for free Pap Smears, and get a variety of screenings, including cholesterol, glucose, body fat, bone density, and blood pressure.

The Day of Health also featured vision screenings, and doctors who were available to answer questions about many health concerns. Nachas Health and Family Network invited seven physicians and specialists, including a gynecologist, podiatrist, pulmonary specialist, geriatric specialist, and a nutritionist.

CONT'D ON PAGE 2



Some of the almost 1,000 youngsters "horsing around" at the Children's Health Fair.

CHILDREN'S HEALTH AWARENESS FAIR

Ask almost any kid in Boro Park what he did on a particular Sunday afternoon in November, and chances are, he'd tell you he was at the Nachas Children's Health Awareness Fair. He'd also tell you about everything he did and saw and learned. It was quite a lot. As usual, the semi-annual fair was an experience no kid or mother wanted to miss.

The excitement began in the lobby at P.S. 180, where close to four hundred families, including almost 1000 kids, registered, and received raffle tickets for an exciting car-seat giveaway. Then, it was in to the main hall. Health information tables lined the room, and families traipsed from booth to booth, for health screenings, and to learn about important health issues.

Children had their vision and blood pressure tested, saw a dentist and a podiatrist, and learned about safety issues. Parents spoke to doctors about their concerns. The fair helped parents recognize problems, and learn about treatment and prevention options.

One important issue addressed at the fair was nutrition. Nutrition is a key factor in preventing diseases and maintaining good health. Our nutritionist's booth, led by Sylvia Fishbaum, addressed a particularly important community health issue - obesity.

Childhood and adolescent obesity is a growing problem in Boro Park. At the fair, a registered nurse weighed and measured children, identifying those who are overweight or obese. One booth over, Nutritionist Sylvia Fishbaum taught parents and children about the risks of obesity, and gave them a food plan to help them lose weight. Armed with information and guidance, families left the booth resolved to change their eating habits.

Obesity and diabetes go hand in hand. And diabetes is showing up in more youngsters than ever. The Juvenile Diabetes Foundation provided crucial guidance and education about this important topic.

Fat isn't the only food issue we face. Our community suffers a tremendous calcium deficit. Osteoporosis is considered a disease that affects the elderly. But Boro Park physicians are reporting a surge in the condition in young people - particularly, adolescent boys. Osteoporosis affects bone density, and can lead to brittle, easily-fractured bones. Adequate calcium consumption strengthens the bones. Children and teens should consume 1500

CONT'D ON PAGE 5

DAY OF REMEMBRANCE

On May 7, Nachas Health and Family Network held a Day of Remembrance for Holocaust survivors. The event was scheduled to coincide with many *yahrtzeits* - the Nazis *ym"sh* often chose holidays for major exterminations, and most Hungarian Jews were murdered on or close to Shavuot - may Hashem avenge their deaths.

Although most survivors commemorate the *yahrtzeits* of their loved ones individually, the Day of Remembrance gave them an opportunity to meet and mingle with others who were, like them, remembering terrible days. A burden shared is a burden halved, and for many, sharing the day was therapeutic.

The event was chaired by Councilman Simcha Felder. The guest speaker was Meyer Birnbaum, better known as Lieutenant Birnbaum. Mr. Birnbaum served in the US Army during World War II, and was present at the liberation of Buchenwald and Ordduff. As a Jewish soldier, Mr. Birnbaum was able to offer the survivors their first hope for a future. He supplied both physical and spiritual nourishment, with the help of US Army and the Jewish communities of England and the United States.

Lieutenant Birnbaum stayed in Europe to help the survivors, rather than go home with the rest of his unit. He helped many survivors escape the clutches of the Russians, by fleeing to the American zone. Many of the people he helped emigrated to Israel or the United States.

At the Day of Remembrance, Mr. Birnbaum shared his memories of the war and the liberation. His talk was thought-provoking and inspiring, and concluded with ques-

tions and comments from the audience, which sparked a spirit of *emunah*, *chizuk*, and hope.

Despite the passage of years, the deportation and extermination of Hungarian Jewry is still very much a current issue. The tale of the infamous Gold Train, in particular, causes many to rage anew.

At the Day of Remembrance, survivors met with Attorney Sam Dubin, the lawyer who has taken on the case of the Gold Train on behalf of Hungarian Jewry. Mr. Dubin assured the attendees that he was doing everything possible to bring the US Government to rectify its crimes.

Attorney Bill Marks, an international reparations lawyer, spoke to the survivors at the event about reparation issues. Many Polish people were pleased to hear that they could still get Ghetto Social Security, which, at the time, included retroactive payments, and monthly checks. People can still apply

for the monthly Social Security payments, as well as for insurance and Austrian Slave Labor payments.

Participants were particularly fascinated by the photo and model exhibit presented by Shmuel ben Eliezer, columnist for the Jewish Press. The exhibit, entitled "Jewish Heritage of Poland", contained historic photos, manuscripts, and documents, bringing the story of Polish Jewry to life. The exhibit included photos of Poland's Jewish resurgence. The presence of Judaism in Poland today was proof that the survivors didn't merely survive - they triumphed. May they be blessed.



Councilman Simcha Felder (R) and "Lieutenant" Birnbaum address the Remembrance gathering.

THE GOLD TRAIN

At the start of the Nazi occupation of Hungary, the Jews, like those in other Nazi-occupied countries, were ordered to turn in their valuables. They brought gold and gems, rugs and furniture, cash and works of art, along with furs, housewares, linens, and clothing. Every item was registered and recorded, and loaded onto a train. The train was supposed to finance the Nazi war effort. Instead, the American army intercepted it.

Then came the plunder. Generals issued orders to have valuables from the train delivered to their homes. One striking order came from General Harry J. Collins, Commander of the 42nd ("Rainbow") Division in western Austria.

The order read: "The Commanding General directs that you give first priority to obtaining without delay the following listed household furnishing:

- a) Chinaware (all types for formal banquet and other meals.) Sufficient for 45 people.
- b) Silverware (Same qualifications as above and to include serving forks and spoons).
- c) Glassware (To include water glasses, highball glasses, cocktail glasses, wine and champagne glasses, and liqueur glasses. Sufficient for formal banquet involving several kinds of wine for 90 people.)
- d) Thirty (30) sets of table linens, each set to consist of one table cloth and 12 napkins.)
- e) Sixty (60) sheets, sixty (60) pillow cases, and sixty (60) large bath towels.

The General desires that all of the above listed items be of the very best quality and workmanship available in the land of Salzburg. He specifically told me to say that he intended to hold you responsible for securing these items."

Other crimes included looting, selling merchandise, repacking valuables so that the names on the packaging were lost, and more. What is particularly astounding is that, generally, when we talk about crimes committed by governments and their armies during the Holocaust, we talk about the Axis powers and their partners. In this case, the crimes were committed by generals of the US Army! The estimated value of the train was \$350 million in 1945 dollars, or \$3 to \$4 billion dollars today. People interested in joining a Class Action suit against the US government can call Rizi, at Nachas, 718-436-7373, extension 18.

ATTENTION HOLOCAUST SURVIVORS

Nachas Health and Family Network can help you with all of your reparations applications. Please read the important information below.

IT'S NOT TOO LATE:

- ICHEIC (Insurance) Deadline extended to December 31, 2003
- East Germany property holders - if you owned property in East Germany that was repossessed by the Claims Conference, or if you are the heir of such a property owner, you can still apply for reimbursement. Do not delay!
- Polish ghetto laborers - you can still apply for Polish Ghetto Social Security.

CHILDREN'S HEALTH AWARENESS FAIR

CONT'D FROM PAGE 1

milligrams, or six servings, of calcium-rich foods, like milk, each day. They also need exercise, and sunshine. At the fair, a Rivky's Art/Chai Academy gymnast gave everybody a chance to get those bones strengthened, with a phenomenal demonstration and somersault workout.

Many parents worry about their child's development, and wonder if they should be getting help. Challenge, a provider of special services for young children, conducted free initial developmental screenings at the fair, and helped children with delays begin the early intervention process. Challenge's unicycle-mounted clown entertained the crowd, with his wondrous balloon creations, and stunts.

Parents also flocked to the "Keep the Beat Alive" booth, led by Barbara Harkins. There, they learned the basics of CPR and the emergency choking procedure. Barbara kept the audience "a beat", with her intriguing game and prizes.

Other booths at the fair included Lead Poisoning Information; Poison Control; WIC - Maimonides; The Department of Environmental Protection; and much more.

Health and safety go hand in hand - and at the Nachas Children's Health Awareness Fair, safety was fun. All participants were entered into a raffle for a car seat. Special thanks to Assemblyman Dov Hikind and Councilman Simcha Felder, for enabling this massive distribution. And special thanks to Linick's Toys, for their assistance.

Children learned about fire safety, with the New York Fire Department's smoke house, where they had the opportunity to work their way through a simulated smoke experience, with a firefighter's assistance. An Uncle Moishy's safety video provided educational entertainment.

There was lots of other entertainment, too. Rivky's Art Workshop treated budding artists to a creative activity, and children

were able to purchase popcorn. Families delighted in a moonwalk, and tried their luck at raffles, with prizes including a boy's and girl's bike, donated by Toys R' Us. The Jewish Youth Library presented an amazing exhibit, featuring today's latest and greatest books. And Rite Aid, one of our corporate sponsors, distributed money-off coupons.

Face painting, magic tricks, a clown, balloons, and more provided the "fair" atmosphere.

The fair was exhilarating, entertaining, and educational. But it could not have happened without the involvement and assistance of Councilman Bill DeBlasio, Assemblyman James F. Brennan, and Douglas Jablon, Vice President of Patient Relations at Maimonides Hospital. The children and



families thank you. We are already preparing for our exciting Spring Health Awareness Fair, and we look forward to seeing you there!

MAMMOGRAMS AND FUN? NACHAS EVENTS TURN FREE HEALTH SCREENINGS INTO A PARTY

Mammograms are necessary - but can they be fun? Nachas says yes. They put a positive spin on this oft-neglected health screening, by turning it into an event. The monthly free mammogram and Pap smear event, held at the Avenue Plaza Hotel in Boro Park, is well-attended by women who take their health seriously. It also takes much of the stress out of the test, and prompts more women to go ahead with it.

Many women push off getting a mammogram. They dismiss the screening as unpleasant, expensive, and unnecessary. But mammograms can save lives! A mammogram can detect a tumor two years before a woman or her doctor can even feel it. Those two years can mean the difference between life and death. An average of 40 women participate monthly.

Women at the Mammo Events are also

urged to sign up for free Pap smears. Pap smears detect tumors when they are easy to treat. Women can choose to have their Pap smears done by a midwife or an Ob/Gyn. All procedures are done at the practitioner's office.

The event barely resembles a medical screening affair. It's more like a party. Participants enjoy refreshments, company, and entertainment. It's just another way we put the smile into women's health.

To find out when Nachas will hold its next mammogram or pap event, call Hindy, at 718-436-7373, extension 19.

SENIORS - you are entitled to a FREE OR LOW COST Medical Alert Button. Visit us for more information

KLAL YISRAEL HELPING KLAL YISRAEL NACHAS CAMPAIGN TO HELP OUR BRETHREN IN ERETZ YISRAEL

Eretz Yisrael is drenched in blood and tears, and we cannot sit still. Nachas is conducting a fundraising drive to help our brethren. We send funds donated from our clients to a different family or organization in Eretz Yisrael every week. Join us. Send your tax-deductible contribution to Nachas. Please write "Eretz YisroelFund" on your check or money order. We can make a difference!

HOLOCAUST SURVIVOR SUPPORT GROUPS

meet every second week.

JOIN US!

*For more information,
call 718-436-7373*

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HealthCare Partners, IPA is dedicated to working with doctors and community organizations to provide added value to our members through the provision of health education and wellness programs.

If you are looking for a doctor for yourself or your family in your neighborhood, please consider one of the following physicians:

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(718) 259-6122 | Jonathan D. Marmur, M.D.
450 Clarkson Avenue, B'klyn
(718) 270-3273 |
| Joshua M. Feibusch, M.D.
2350 Ocean Avenue, B'klyn
(718) 376-8500 | Zaki Nakach, M.D.
1664 East 14 th Street, B'klyn
(718) 375-6100 |
| Michael Fuchs, M.D.
1225 49 th Street, B'klyn
(718) 436-9649 | Yefim Ornstein, M.D.
1811 Quentin Road, B'klyn
(718) 376-2727 |
| Boris L. Gambarin, M.D.
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(718) 259-6122 | Pavel G. Shulman, M.D.
2350 Ocean Avenue
B'klyn
(718) 627-6033 |
| Jonathan Leibowitz, M.D.
624 Kings Highway, B'klyn
(718) 336-5025 | Bernard B. Yonk, M.D.
2355 Ocean Parkway
B'klyn
(718) 627-6033 |
| Ivan Lebovits, M.D.
5601 13 th Avenue, B'klyn
(718) 436-7447 | Bernard B. Yonk, M.D.
2355 Ocean Parkway
B'klyn
(718) 645-4291 |
| Richard K. Mark, M.D.
823 19 th Avenue, B'klyn
(718) 259-7700 | |

(All physicians listed speak Hebrew or Yiddish)
Additional information can be requested by contacting the Marketing Department at
HealthCare Partners, IPA
(516) 746-2200.

YOUR LINK TO QUALITY HEALTHCARE



NACHAS PROVIDES WATER THERAPY TO SENIORS AND ARTHRITIS SUFFERERS

There's nothing like water to make stiff joints relax. Water therapy, in particular, has been touted as a marvelous remedy for arthritis and other related conditions. That's why Nachas has arranged for its clients to get water therapy at Community Rehabilitation Center.

How effective is water therapy? One woman could barely walk. After a few therapy sessions, she was able to navigate steps with ease. Water therapy is easy, relaxing, and pain-free. In fact, it relieves pain. And because Nachas makes it so easy, with free round-trip transportation, there's no hassle. Call Rizy at Nachas today, to arrange for your inclusion in this exciting project. 718-436-7373, extension 18.

COMMUNITY THERAPY & REHABILITATION FACILITY

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Pinched Nerves; Carpal Tunnel Syndrome;
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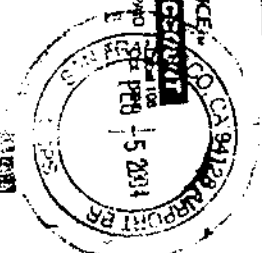
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